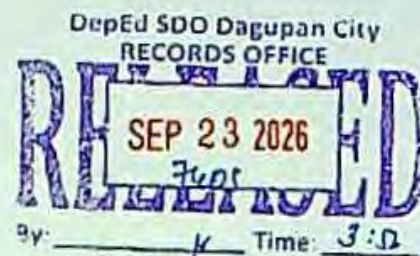




Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF DAGUPAN CITY

Office of the Schools Division
Superintendent



September 22, 2026

DIVISION MEMORANDUM
No. 549 s.2026

**Move For Your Mind: A Mental Health Dance Contest for Adolescents
Coordination Meeting**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Secondary Public Schools District Supervisors
Secondary Public School Heads
All Others Concerned

1. The Department of Education (DepEd) Memoranda No. 077 s. 2025, otherwise known as the Basic Education Mental Health and Well-Being Promotion Act, driven by Republic Act 12080 (Basic Education Mental Health and Well-Being Promotion Act) paves the way for the implementation of the comprehensive mental health policies and provide emotional and psychosocial support within the communities.
2. This division through the Project ONE: Dagupan program together with the City Health Office of Dagupan hereby announce the conduct of **"MOVE FOR YOUR MIND: A Mental Health Dance Contest for Adolescents"**. Aimed to promote mental health awareness, emotional well-being, self-expression, and positive coping mechanisms among adolescents through dance.
3. In lieu with this, there will be a coordination meeting on **September 24, 2026, 9:00AM** at the **Vaccination Center, Dagupan City Astrodome**. The following non-teaching personnel will represent the 8 secondary schools in the proposed meeting:

SCHOOL	NAME	POSITION/DESIGNATION
Dagupan City National High School	Alleli Jill T. Barberan	Guidance Coordinator III
East Central Integrated School	Lynie R. Calimlim	School Counselor Associate I
Carael National High School	Eduardo Q. Aquino Jr.	School Counselor Associate I
Federico N. Ceralde IS	Mary Jane M. Tibigar	School Counselor Associate I
Pugaro Integrated School	Stephanie R. Ventura	School Counselor Associate I



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF DAGUPAN CITY

Office of the Schools Division
Superintendent

Judge Jose De Venecia Sr. Technical Vocational Secondary School	Renzelljoy M. Arellano	School Counselor Associate I
Bonuan Buquig National High School	Alyssa Emily Mae M. Surdilla	School Counselor Associate I
Salapingao National High School	Mark Lambert C. Bato	Admin Officer II

4. For immediate dissemination, information and compliance.


MARCIANO U. SORIANO, JR., PhD, CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent





Republic of the Philippines
CITY HEALTH OFFICE
City of Dagupan



September 15, 2026

MARCIANO U. SORIANO, JR., PhD, CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent
Department of Education - Schools Division of Dagupan City



Dear Dr. Soriano,

Greetings!

The City Health Office of Dagupan City, through its Health Promotion Unit, respectfully requests a meeting with the Schools Division Superintendent (SDS) to discuss the upcoming People-Centered Activity entitled **"MOVE FOR YOUR MIND: A Mental Health Dance Contest for Adolescents,"**.

The activity aims to promote mental health awareness, emotional well-being, self-expression, and positive coping mechanisms among adolescents through dance. It seeks to provide young people with a fun, creative, and supportive platform where they can express themselves while promoting the importance of mental health and overall well-being.

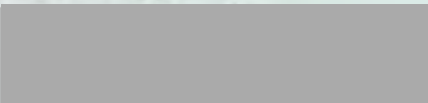
The Health Promotion Unit of the City Health Office will be attending the proposed meeting to present and discuss the activity, including its objectives, proposed mechanics, participation of schools and adolescents, roles and responsibilities, and other important arrangements for its successful implementation.

In this regard, we would greatly appreciate the opportunity to meet with your good office at your most convenient time. Your guidance, support, and participation will be valuable in strengthening the collaboration between the City Health Office and the Schools Division Office in promoting the mental health and well-being of adolescents in Dagupan City.

For coordination and other concerns, you may contact Ms. Belinda Abulencia, Health Education and Promotion Officer II (HEPO II), at 0966-648-3034.

Thank you very much for your continued support and partnership in advancing health and wellness among our young people.

Respectfully yours,


MA. JULITA DE VENECIA, MD

City Health Officer II