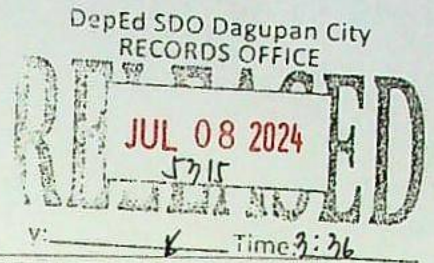




Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF DAGUPAN CITY



Office of the Schools Division
Superintendent

Division Memorandum 260 s.2024

July 5, 2024

2024 SDO Dagupan City Division Nutrition Month Celebration Activities

To: Assistant Schools Division Superintendent
Chief Education Supervisors-CID and SGOD
SDO Unit Heads
All SDO Personnel

1. The Schools Division Office by virtue of PD No. 491 or the Nutrition Act of the Philippines, fully supports the 2024 Nutrition Month Celebration this month of July with the theme "Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat".
2. In view of this, the SDO through the School Health and Nutrition Unit (SHNU) will conduct the following set of activities in celebration of this year's Nutrition Month to increase their level of awareness, encourage participation, and promote a healthy lifestyle in the division office:
 - a. Water drinking challenge
 - b. Healthy food eating challenge
 - c. Physical exercise challenge
 - d. Search for the biggest weight loser for the identified overweight and obese cases.
 - e. Search for the ideal weight gainer for the identified wasted cases.
3. Everyone in the division is enjoined to take part in the different health and nutrition activities. Winners of these challenges will receive prizes coming from outsourced funds.
4. For more details kindly refer to the SHNU staff.
5. For your information, guidance and compliance.

for: [Signature]
ROWENA C. BANZON, EdD, CESO V
Schools Division Superintendent
[Signature]



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