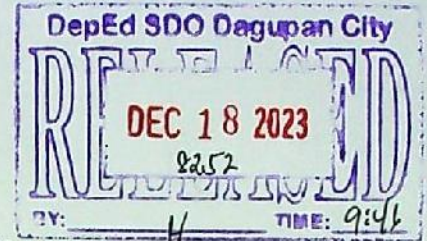




Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OFFICE DAGUPAN CITY



Office of the Schools Division Superintendent

Division Memorandum

No. 461 s. 2023

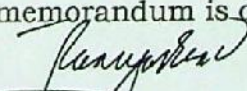
TO: Assistant Schools Division Superintendent
Chief Education Supervisors, CID/ SGOD
Education Program Supervisors
Public Schools District Supervisors
Elementary and Secondary School Heads
Learner Rights and Protection School Coordinators
All Others Concerned

FROM: **THE SCHOOLS DIVISION SUPERINTENDENT**

DATE: December 14, 2023

SUBJECT: **41ST YMCA Province-Wide Academic and Cultural Olympics**

1. The 41st YMCA Province-Wide Academic and Cultural Olympics will be held **on January 20, 2024** for Junior Hi-Y and Senior Hi-Y with a theme: "Renewing Together our Commitment as One Resilient Movement towards Vision 2030".
2. Registration fee is P50 per student. The Deadline of Membership/Registration/Submission of Entries will be on January 8, 2024.
3. The event aims to train holistically a wide spectrum of young people from the YMCAs and bring them together for a mutual sharing of experiences, insights and visions toward making the mission of the YMCA more responsive to the needs of times.
4. The contest for the Olympics are the following:
 - a. Vocal Solo
 - b. Duet (Hi-Y and College-Y Club)
 - c. On-the Spot Drawing
 - d. Draw and Tell
 - e. Quiz Bee
 - f. Modern Dance: YMCA by the Village
 - g. Ballroom Dance: Tango and Jive
 - h. Oration
 - i. Extemporaneous Speech
 - j. Essay Writing
 - k. Tula
5. Attached are the list of contest and its rules and regulations.
6. Immediate and wide dissemination of this memorandum is desired.


DR. ROWENA C. BANZON, CESO V
Schools Division Superintendent



Young Men's Christian Association of Pangasinan, Inc.

(Member, Federation of YMCA's in the Philippines)

December 2, 2023

Dr. ROWENA C. BANZON CESO V
City Schools Division Superintendent
SDO, Dagupan City

Dear Dr. Banzon:

After the pandemic, we are now again moving forward for our youth empowerment and community transformation program thru school and community service called "youth Clubs" (Hi-Y Club for High School and Red Triangle Club for Elementary) which will be helpful to the holistic development of the young,

The Red Triangle Club is a club program of the YMCA for boys and girls, eight to thirteen years of age. Its primary purpose is to be strong in body, mind, and spirit, to worship God and to work together for a finer community and better world.

The purpose of the **Hi-Y Club** is "to create maintain, extend throughout the home, school and community high standards of Christian character."

With this, the YMCA believes that we have a role in molding our young people together as partners in nation building.

In this regard, we would like to request for your support by allowing us **organize and re-organize** the **Hi-Y and Red Triangle Club** in the different schools in the city of Dagupan. Your kind endorsement and approval on our quest will surely help us achieve a kind of holistic development for our youth.

May we also seek your endorsement to our following activities;


1. 3 x 3 Basketball Tournament on December 22 - 23, 2023
2. 41st Province-Wide Academic and Cultural Olympics on January 20-21, 2024

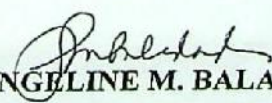
Herewith are some written materials for your information.

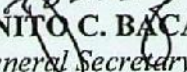
We shall appreciate very much your approval on the matter as we look forward to a cordial working partnership with your department.

More power.

Very respectfully yours,


MR. MEL FORTALEZA
Chair, Youth Affairs Committee


DR. EVANGELINE M. BALADAD
President


MR. JUANITO C. BACANI, JR.
General Secretary

YMCA of Pangasinan, Inc.
Dagupan City, Pangasinan

41st YMCA Province-Wide Academic and Cultural Olympics

Theme : **Renewing Together our Commitment as One Resilient Movement towards Vision 2030**

Date : January 20, 2024 - Junior Hi-Y and Senior Hi-Y
January 21, 2024 - College and RTC

Deadline of Membership/Registration/Submission of Entries: January 8, 2024

Venue : Dagupan City National High School

Registration Fee : **P50.00/student**
Membership Fee: P 15 – RTC, P 25 – JHS & SHS, P 30 – College-Y

General Objective:

To train holistically a wide spectrum of young people from the YMCAs and bring them together for a mutual sharing of experiences, insights and visions toward making the mission of the YMCA more responsive to the needs of times.

Specific Objectives:

1. To provide an appropriate venue where the talents of the youth may be fairly developed, harnessed and sustained;
2. To provide an opportunity where participants can share, articulate and sharpen their understanding on issues and concerns of local, regional and national relevance;
3. To provide a medium for wholesome fellowship among the youth members/participants in order to strengthen the relationship of individual members and inter-movement cooperation.

Terms & Conditions:

1. Only duly registered YMCA members shall be qualified to join.
2. A pupil/student who has been awarded in the past with a gold medal (Champion) in a particular event and still belongs to the same club level shall no longer be allowed to take part in the same content event in any succeeding year.
3. Further, a contestant who has been awarded and recognized or has participated in any YMCA event and or competition, be it nationally or internationally, shall not also be allowed to participate.
4. To encourage participation of gifted and talented students, a YMCA is only allowed to register one entry or contestant for an individual or group event in each level.
5. Contestants are prohibited to wear their school and local YMCA uniforms or identifying marks during the contest. Only number tags/marks duly prepared by the contest committee shall be used for identification purposes. Failure to comply with this term shall mean disqualification.
6. Punctuality is a must. All participants are expected to be at the contest venue an hour before the competition starts. Late comers in a particular event shall be disqualified.
7. All contestants are prohibited to carry electronic devices in the contest venue and during the competition.
8. All entries (art works and literary pieces) shall become the property of the YMCA of Pangasinan, Inc.
9. Junior Hi-Y shall be composed of Grades 7-10 while Senior Hi-Y shall be composed of Grades 11-12.
10. Participation in two categories by the same contestant is not allowed.
11. Any violations on whatever is stipulated in the rules and regulation is tantamount for disqualification
12. NO PROTEST. All decisions of the members of the Board of Judges shall be final, therefore, un-appealable

Events:**1. Red Triangle Club**

- a. Vocal Solo (1)
- b. Draw and Tell (1)
- c. Tula (1)
- d. Team Quiz Bee (3)
- e. Team Bible Quiz (3)
- f. Essay English (1)
- g. Modern Dance: YMCA (6)

Total of 16 participants**2. Junior Hi-Y Club & Senior Hi-Y Club**

- a. Vocal Solo (1)
- b. Vocal Duet (1pair) (2)
- c. On-the-Spot Drawing (1)
- d. Oration (1)
- e. Extemporaneous Speaking (1)
- f. Essay English (1)
- g. Team Quiz Bee (3)
- h. Team Bible Quiz (3)
- i. Modern Dance Hip-hop – Jr. Hi-Y (6) = (19)
- j. Traditional Folk Dance: Courtship – Sr. Hi-Y (6)

Total of 19 participants**3. College-Y Club**

- a. Vocal Solo (1)
- b. Vocal Duet (2)
- c. On-the-Spot Drawing (1)
- d. Oration (1)
- e. Extemporaneous Speaking (1)
- f. Essay English (1)
- g. Team Quiz Bee (3)
- h. Team Bible Quiz (3)
- i. Ballroom Dance: Tango and Jive (1 pair) (2)

Total of 15 participants**Prizes in each Event:**

1. Medals (Gold, Silver & Bronze) for top three winners.
2. Certificates of Participation/Recognition-participants/advisers.

Determination of Winners: Rank System**Computation of Points**

	1 st	2 nd	3 rd	Participation
Group	25	20	15	10
Individual	10	7	5	3

Contest Rules and Regulations:**A. VOCAL SOLO (ALL LEVELS)**

1. The contestant is free to choose his/her song piece. It must be in an OPM Tagalog. Rap or Rock songs and even narrations are not allowed. Accompaniment of the piece shall be prepared in a FLASHDRIVE or Mobile Gadget (with universal android port/shareit app installed).
2. The public address system shall be used in the performance.
3. All FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge one (1) hour before the contest commence. Each Flashdrive or Mobile Gadget's music file shall be labeled with the number of the contestant, properly cued and ready to be played.
4. Criteria:

Voice Quality	40%
Rhythm	20%
Phrasing	15%

Vocal Dynamics & Style	15%
Stage Department	10%

B. DUET (HI-Y & COLLEGE-Y CLUB)

- The entry is **STRICTLY MALE-FEMALE COMBINATION**.
- The contestants are free to choose their song piece. It must be in English. Rap or Rock songs and even narrations are not allowed. Accompaniment of the piece shall be prepared in a FLASHDRIVE or Mobile Gadget (with universal android port/shareit app installed).
- The public address system shall be used in the performance.
- All FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge fifteen (15) minutes before the contest commence. Each Flashdrive or Mobile Gadget's music file shall be labeled with the number of the contestant, properly cued and ready to be played.
- Criteria:

5.1 Voice Quality	30%
5.2 Harmony and Rhythm	20%
5.3 Blending & Phrasing	25%
5.4 Vocal Dynamics & Style	15%
5.5 Stage Department	10%

C. ON-THE-SPOT DRAWING (HI-Y & COLLEGE-Y CLUB)

- The subject matter to be drawn shall be decided by a committee organized for this purpose.
- The subject matter will be given 5 minutes before the contest starts.
- The **Contest Committee shall provide** the following:
 - Sand Paper grit: #60 size: 17"x11" – Junior Hi-Y and Senior Hi-Y
 - Canvass (2ftx3ft) – College Y

(Note: payment of such shall be collected from each contestant)
- Each **contestant shall provide his/her own medium or drawing materials**. The following medium shall be used:
 - Pastel – Junior Hi-Y and Senior Hi-Y
 - Water-based Paint – College Y
- Pentel pens are allowed only for borders and lines.
- Drawing time shall be:
 - 3 hours – Junior Hi-Y and Senior Hi-Y
 - 5 hours – College-Y
- Criteria:

6.1 Originality	20%
6.2 Concept	30%
6.3 Color	30%
6.4 Relevance to the subject matter	20%

D. DRAW AND TELL (RED TRIANGLE CLUB)

- The theme of the artwork shall evolve from a subject matter which shall be made known to the contestants ten (10) minutes before the contest.
- The Contest Committee shall provide 8.5"x13" VELLUM BOARD. (Note: payment of such shall be collected from each contestant)
- Each contestant shall provide and shall use OIL PASTEL as his/her medium.
- Pentel pens are allowed only for borders and lines.
- Drawing time shall be three (3) hours. After which, each contestant shall be given a minimum of 2 minutes and a maximum of 3 minutes to explain his/her work.
- Criteria:

5.1 Relevance to the theme:	Draw	15%
	Tell	20%
5.2 Artistry		30%
5.3 Workmanship		15%
5.4 Originality		20%

E. QUIZ BEE (ALL LEVELS)

The subject areas for this contest shall be:

a) RED TRIANGLE CLUB (Elementary)

QUIZ BEE - Math, Science, (Ecology), and YMCA facts (General and Historical Facts)

BIBLE QUIZ - Questions shall be based from the four (4) GOSPEL BOOKS

- **Categories: PEOPLE, PLACE & EVENT**

- **New International Version. Choose the best answer (choices of 4)**

b) HI-Y CLUB (High School)

1. JUNIOR HI-Y:

QUIZ BEE - Math (General Algebra & Trigonometry), Science (Ecology), and YMCA facts (general and historical facts)

BIBLE QUIZ - Questions shall be based on ACTS AND EPISTLES

- **Categories: PEOPLE, PLACE & EVENT**

- **New International Version. Choose the best answer (choices of 4)**

2. SENIOR HI-Y:

QUIZ BEE - General Math, Earth and Life Science, General Info. which includes the YMCA facts (general and historical facts)

BIBLE QUIZ - Questions shall be based on PENTATEUCH (Genesis, Exodus, Leviticus, Numbers, and Deuteronomy)

- **Categories: PEOPLE, PLACE & EVENT**

- **New International Version. Choose the best answer (choices of 4)**

c) COLLEGE-Y CLUB:

QUIZ BEE - Math (Basic Statistics and College Algebra), Science (Ecology), and YMCA facts (general and historical facts)

BIBLE QUIZ - Questions shall be based on OLD TESTAMENT EXCEPT PENTATEUCH

- **Categories: PEOPLE, PLACE & EVENT**

- **New International Version. Choose the best answer (choices of 4)**

IMPORTANT

1. A total of 21 questions shall be asked.
2. The contestants are required to submit one (1) question for each subject and two (2) tie-breaking questions (any subject)
3. All questions must be submitted to the Contest Committee **on or before the deadline of registration.**
4. All questions must be computerized or printed font Bookman Old Style 12 on a ¼ sheet (crosswise) of a letter-sized (8.5x11) white bond paper indicating the source of information for reference (stating the reference's title and author, facts of publication, place and date) and the answer. **Questions lifted from any of the worldwide websites are not allowed, except for the questions about YMCA.**
5. All questions shall be by the multiple-choice type with four (4) choices. (a,b,c,d)
6. Contestants shall write their answers on the board provided by the committee in-charge of the contest.
7. A ten (10) second allotment is given to the contestants for them to answer each question except for Math questions requiring computations where thirty (30) seconds is allotted. Countdown starts after the quizmaster has read the question twice and said "GO". Proctors will immediately check the answers of the contestants.
8. Top three teams will emerge as winners on the basis of point system.
9. In case of ties, the "sudden death" will be applied.

F. MODERN DANCE: YMCA BY THE VILLAGE PEOPLE (RED TRIANGLE CLUB)

1. The group must have six (6) members.
1. Each group shall dance to the original music of YMCA which is sung by the Village people. This means, **no remix** in any form shall be made.
2. The use of props is **prohibited**.
3. All FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge one (1) hour before the contest commence. Each Flashdrive or Mobile Gadget's music file shall be labeled with the number of the contestant, properly cued and ready to be played. Dry run or testing of FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.
4. Criteria:

Basic Rhythm & Timing (execution of the step with the music)	30%
Movement (power, nature, free flow)	30%
Togetherness (compatibility, mutual consistency)	15%
Style and Grace	15%
Technique	10%

G. DANCE (JUNIOR HI-Y and SENIOR HI-Y)

a) Junior Hi-Y - Modern Dance (Hip-Hop)

1. The group must have six (6) members.
2. The modern dance can be remixed but should not be more than five (5) minutes (including entrance and exit). Deduction of 0.5 points from the total points for every excess of 30 seconds shall be applied. Another minute is given for clearing the area after the performance.
3. Pyrotechnics even party poppers are not allowed. Any group violating this shall automatically be disregarded in the judging.
4. Dance steps (since this will involve difficult stunts) shall have been supervised and approved by the respective advisers prior to registration of their entries. The Management shall not be held responsible for any incident that may occur in the course of the performance.
5. All FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge one (1) hour before the contest commence. Each Flashdrive or Mobile Gadget's music file shall be labeled with the number of the contestant, properly cued and ready to be played. Dry run or testing of FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.
6. Criteria:

Timing/Synchronization	30%
Choreography/Creativity	30%
Dexterity/Difficulty of Steps/Stunts	15%
Stage Deportment/Costume/Clarity of Message	15%
Technique	10%

b) Senior Hi-Y - Traditional Folk Dance (Courtship)

1. The group must be composed of maximum 6 members combination of male and female.
2. The group will perform a traditional dance of not more than five (5) minutes (including entrance & exit). Props shall be allowed as long as **indicated in the literature**. Every group shall be given one minute to prepare and one minute to dismantle props/material.
3. At least five copies of the folk dance literature must be submitted to the contest committee on January 8, 2024. (Failure to submit will be a ground for disqualification).
4. All FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge one (1) hour before the contest commence. Each Flashdrive or Mobile Gadget's music file shall be labeled with the number of the contestant, properly cued and ready to be played. Dry run or testing of FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.

5. Criteria:

Choreography (Staging)	40%
Originality	15%
Grace and Timing	15%
Level of difficulty	20%
Over-all Impression	10%

H. BALLROOM DANCE: TANGO AND JIVE (COLLEGE-Y CLUB)

1. The dance entry will be composed of two dancers (1 pair), male and female.
2. Each group shall dance **tango and jive**. Each group can choose which dance shall be performed first.
3. Each group shall be given a minimum of four (4) minutes and maximum of six (6) minutes performance including entrance and exit.
4. The group must observe decency on the use of costume. Women should use one piece dress and must avoid extremes.
5. All FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge one (1) hour before the contest commence. Each Flashdrive or Mobile Gadget's music file shall be labeled with the number of the contestant, properly cued and ready to be played. Dry run or testing of FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.
6. Criteria:

6.1 Basic Rhythm & Authenticity of Steps (execution of the step with the music)	30%
6.2 Movement (power, nature, free flow)	30%
6.3 Togetherness (compatibility, mutual consistency)	15%
6.4 Shape (style/grace)	15%
6.5 Technique	10%

I. ORATION (HI-Y & COLLEGE-Y CLUBS)

1. The subject of the speech contest shall revolve on the **general theme: "Renewing Together our Commitment as One Resilient Movement towards Vision 2030"** of the Academic and Cultural Olympics.
2. All speeches must be delivered in English without the aid of a public address system.
3. Delivery time shall not be less than five (5) minutes but not more than seven (7) minutes. A deduction of one (1) point from the total points garnered by the participants for every excess of one (1) minute shall be applied.
4. All contestants must submit (5) copies of their piece to the Contest Committee. It must be computerized font Times New Roman 12 on a letter-sized (8.5x11) white bond paper, double spaced an hour before the contest starts. Failure to submit such shall be a ground of disqualification for the contestant.
5. Criteria:

5.1 Delivery (style, voice, gesture, pronunciation)	40%
5.2 Content & Organization	20%
5.3 Mastery	10%
5.4 Relevance to the Theme	20%
5.5 Manner & Stage Presence	10%

J. EXTEMPORANEOUS SPEECH (HI-Y AND COLLEGE-Y CLUB)

1. All speeches must be delivered in English.
2. The generic question to be discussed by the contestants shall be determined by the Contest Committee.
3. Each contestant shall be given three (3) minutes to prepare for his/her piece and three (3) minutes to deliver it. A deduction of one (1) point from the average grade for every excess of one (1) minute shall be applied. Contestants shall be isolated from the contest venue and shall be called one by one for their own delivery.
4. No participant shall be allowed to read from his/her note and to carry with him/her any electronic device.
5. Criteria:

5.1 Content		50%
Organization	30%	
Relevance to the Theme	20%	
5.2 Delivery		50%
Voice & Diction	20%	
Poise and Stage Presence	10%	
Effectiveness & Impact	20%	

K. ESSAY WRITING: ENGLISH (ALL LEVELS)

1. All contest articles must be written in English containing no less than 300 words but must not exceed 500 words.
2. All articles must revolve from a subject matter which shall be made known to the contestants ten (10) minutes before the contest period.
3. The contestants shall be allowed to compose their articles for a period of one (1) hour only.
4. All contestants must bring with them black pens. No contestant shall be allowed to carry with him/her any writing items, e.g. papers, notes or any electronic device, etc. Pieces of contest paper shall be provided to each contestant as their entry number.
5. Criteria:

Content		50%
Organization	25%	
Originality	15%	
Effectiveness	10%	
Form		50%
Grammar	30%	
Style	20%	

L. TULA (RED TRIANGLE CLUB)

1. The official piece shall be "**Ang Ating Kalikasan**" by **Emily Jhoy I. Salvador** (see attached copy)
2. The use of props is **prohibited**.
3. Criteria :

3.1 Interpretation (impact, appeal and effectiveness)	30%
3.2 Delivery (style and pronunciation)	20%
3.3 Mastery of piece	30%
3.4 Voice (modulation and clarity)	20%

Ang Ating Kalikasan

Ni: Emily Jhoy I. Salvador

Ang ganda ng kalikasan ay tunay na yaman
Bahagi na ito ng aking kabataan.
Ito ang pundasyon nan gating kinabukasan.
Kaya't pagsisikapan kong ito'y pagkakaingatan.

Ang gubat sa bundok ay gubat ng yaman.
Pagkat sari-saring buhay dito matatagpuan.
Ang sinag ng araw ditto ay walang kasing kinang.
Ang himig ng hangin may dalang katahimikan.

Ang lambak ang aking hardin.
Punong-puno ito nang iba't-ibang pananim.
Madaming bulaklak kahit saan tumingin.
Masustansyang pagkain ang kaniyang hain.

Ang hanging sariwa, naglilinis ng pang-unawa.
Libre lang langhapin, hindi nakakasawa.
May dalang himig sa musikero't makata,
Na ang alay ay himig at tula.

Ang pagbabago ay hindi makakamtan,
Kung ang kalikasan ay mapababayaang.
Ito ang lakas ng isip at ng ating katawan.
Kapag nasira, tayo din ang mawawalan.

FORMAT and SAMPLE QUESTIONNAIRE FOR BIBLE QUIZ and QUIZ BEE

NOTE: 4. All questions must be computerized or printed font Bookman Old Style 12 on a ¼ sheet (crosswise) of a letter-sized (8.5x11) white bond paper indicating the source of information for reference (stating the reference's title and author, facts of publication, place and date) and the answer. Questions lifted from any of the worldwide websites are not allowed, except for the questions about YMCA.

7"

2.5"

Quiz Bee: Science (ecology)
 Question: Next to the Homo Sapiens, what species is considered as the second most organized animal in the world.

- a. Dolphins
- b. Ants
- c. Monkeys
- d. Dogs

Answer: b.
 Reference: (The New American Desk Encyclopedia, 3rd Edition, USA)

Quiz Bee: Science (ecology) Tie Breaking Question
 Question: Next to the Homo Sapiens, what species is considered as the second most organized animal in the world.

- a. Dolphins
- b. Ants
- c. Monkeys
- d. Dogs

Answer: b.
 Reference: (The New American Desk Encyclopedia, 3rd Edition, USA)

Bible Quiz (place)
 Question: In what city did Jesus live after He left Nazareth in fulfillment of the Prophecy of Isaiah?

- a. Sychar
- b. Jerusalem
- c. Capernaum
- d. Jordan

Answer: c.
 Reference: (Matthew 4:12-15)

Bible Quiz (place) Tie Breaking Question
 Question: In what city did Jesus live after He left Nazareth in fulfillment of the Prophecy of Isaiah?

- a. Sychar
- b. Jerusalem
- c. Capernaum
- d. Jordan

Answer: c.
 Reference: (Matthew 4:12-15)

PARENT/GUARDIAN CONSENT

To: The YMCA Board of Trustees and Staff

Sir/Madam:

I hereby permit _____ to participate in the YMCA 41st Province-wide Academic and Cultural Olympics which will be held on January 20-21, 2024 at the Dagupan City National High School. I also certify that said participant is physically fit and is not suffering from any illness or disease.

Fully aware of the benefits and learning that could be acquired out of this participation, I will not hold the YMCA and/or staff/ youth club adviser and management responsible or liable for any untoward incident, loss or injury that may happen.

Conforme:

Signature Over Printed Name of Parent/Guardian

PARENT/GUARDIAN CONSENT

To: The YMCA Board of Trustees and Staff

Sir/Madam:

I hereby permit _____ to participate in the YMCA 41st Province-wide Academic and Cultural Olympics which will be held on January 20-21, 2024 at the Dagupan City National High School. I also certify that said participant is physically fit and is not suffering from any illness or disease.

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Conforme:
