



Republic of the Philippines
Department of Education
REGION I

SCHOOLS DIVISION OFFICE DAGUPAN CITY



**Office of the Schools Division
Superintendent**

Division Memorandum

No. 378, 2023

To: **Assistant Schools Division Superintendent
Chiefs of Functional Division- CID & SGOD
Education Program Supervisors
Public Schools District Supervisors
Division Sports Coordinator and Alternate
School Heads (Public and Private Schools)
Sports Coordinators in the Field
All Others Concern**

From: **OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT**

Date: **October 11, 2023**

Subject: **DIVISION MEMORANDUM RE: RM NO. 1067, S. 2023 ENTITLED:
SCHEDULE OF SPORTS ACTIVITIES FOR S.Y. 2023-2024**

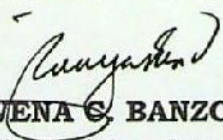
Pursuant to the Regional Memorandum No. 1067 series of 2023 entitled **SCHEDULE OF SPORTS ACTIVITIES FOR S.Y. 2023-2024**, ALL Schools in SDO Dagupan City are hereby encouraged to intensify the organization of their school Sports Clubs in preparation for the upcoming sports activities.

Further, the recommended schedule for Sports activities are as follows:

School Meet/School Sports Competition:	2nd week of November 2023 (11th week)
Division Meet:	4th week of January 2024 (Mid-year break)
Regional Meet:	2nd week of April 2024 (11th week)
Pre-National Qualifying Meet	2nd week of June 2024 (10th week)
Palarong Pambansa	July 16-27, 2024

Please see the attached Regional Memorandum No. 1067, s.2023 for more details and as reference.

Immediate and widest dissemination of the contents of this memorandum is desired.


ROWENA S. BANZON, CESO V
Schools Division Superintendent



Address: Burgos St., Poblacion Oeste, Dagupan City
Telephone: (075) 636-4101
Website: depeddagupan.com
Email: dagupan.city@deped.gov.ph

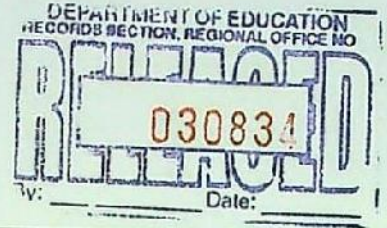


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Republic of the Philippines
Department of Education
 REGION I



REGIONAL MEMORANDUM
 No. 1067, s. 2023

OCT 10 2023

SCHEDULE OF SPORTS ACTIVITIES FOR S.Y. 2023-2024

To: Schools Division Superintendents
 Chiefs, Schools Governance and Operations Division
 Division Sports Officers

1. Pursuant to Article XIV, Section 19 of the 1987 Philippine Constitution mandates that all educational institutions shall undertake regular sports activities all throughout the country in cooperation with athletic clubs and other institutions.
2. In support, all schools are hereby encouraged to intensify the organization of school sports clubs to strengthen self-discipline, teamwork and camaraderie of our potential athletes to compete for national and international competitions.
3. The recommended schedule are as follows:

School Meet/School Sports Competition:	2 nd week of November 2023 (11 th week)
Division Meet:	4 th week of January 2024 (Mid-year break)
Regional Meet:	2 nd week of April 2024 (11 th week)
Pre-National Qualifying Meet (PNQM):	2 nd week of June 2024 (10 th week)
Palarong Pambansa (PP):	July 16-27, 2024

4. However, the SDOs may opt to deviate from the recommended dates provided that no disruption of regular classes of participating student-athletes is being observed during the preparations including training of athletes pursuant to DepEd Order No. 9, s. 2005 "Instituting Measures to Increased Engaged Time-on-Task and Ensuring Compliance Herewith".
5. Age requirements for the athletes are the following:
 Elementary: Born on or after January 1, 2011 (13 years old)
 Secondary: Born on or after January 1, 2006 (18 years old)
6. Technical rules, regulations and guidelines of the different sports events during the previously conducted 2023 Palarong Pambansa shall be in effect unless there are amendments coming from the PP Secretariat.



Flores St., Catbangan, City of San Fernando, La Union
 Telephone Nos.: (072) 607-8137/682-2324

DepEd Region I | region1@deped.gov.ph | www.depedro1.com

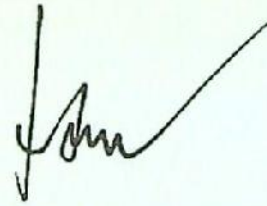
7. Service Credits (SC) and Compensatory Time-Off (CTO) shall be granted to identified teaching and non-teaching personnel, respectively, who will serve as delegation officials/working committee, coaches, chaperons, paramedics, team managers and training staff during weekends of the said activities. The list of participating personnel with the corresponding schedules of the activities should be submitted to the Human Resource Section of the Regional Office, endorsed by the concerned Superintendent, at least fifteen (15) days before the activity. Likewise, SC and CTO requirements shall be submitted immediately to the personnel in-charge after the conduct of each activity.

8. The winner-take-all policy shall be applied in representation of teams (school sports clubs) for team sports. Only seven (7) team sports shall be played during the Pre-National Qualifying Meet (Basketball, Baseball, Softball, Football, Futsal, Sepak Takraw and Volleyball).

9. Measurable sports such as athletics, swimming and archery shall adopt the qualifying distance, time, and points set by the Palarong Pambansa.

10. Attached is the list of sports events to be played for reference.

11. Immediate dissemination of and strict compliance with this Memorandum is desired.



TOLENTINO G. AQUINO
Director IV
DGC

Encl.: None
Reference: None
To be indicated in the Perpetual Index
Under the following subjects:

SPORTS SCHOOLS TRAININGS

ESSD/reb/RM_ ScheduleofSportsActivitiesforSY2023-2024
October 6, 2023



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List of events to be played during the Regional Meet

REGULAR SPORTS

ELEMENTARY	
1	ARNIS
2	ATHLETICS
3	BADMINTON
4	BASEBALL
5	BASKETBAL
6	CHESS
7	FOOTBALL
8	GYMNASTICS
	<i>AERO GYMNASTICS</i>
	<i>MAG</i>
	<i>WAG</i>
	<i>RG</i>
9	SEPAK TAKRAW
10	SOFTBALL
11	SWIMMING
12	TABLE TENNIS
13	TAEKWONDO
14	TENNIS
15	VOLLEYBALL

DEMOSPORTS	
1	DANCESPORTS
2	PENCAK SILAT

PARAGAMES		
1	ATHLETICS	V.I BOYS
		V.I GIRLS
		I.D BOYS
		I.D GIRLS
2	ATHLETICS/SWIMMING	O. H BOYS
		O.H GIRLS
3	SWIMMING	I.D BOYS
		I.D GIRLS
4	BOCCE	I.D BOYS
		I.D GIRLS
5	GOAL BALL	V.I BOYS
		V. I GIRLS

SECONDARY	
1	ARCHERY
2	ARNIS
3	ATHLETICS
4	BADMINTON
5	BASEBALL
6	BASKETBALL (5x5) Boys/Girls
	BASKETBALL (3x3) Boys/Girls
7	BILLARDS
8	BOXING
9	CHESS
10	FOOTBALL
11	FUTSAL
12	GYMNASTICS
	<i>AERO GYMNASTICS</i>
	<i>MAG</i>
	<i>WAG</i>
	<i>RG</i>
13	PENCAL SILAT
14	SEPAK TAKRAW
15	SOFTBALL
16	SWIMMING
17	TABLE TENNIS
18	TAEKWONDO
19	TENNIS
20	VOLLEYBALL
21	WUSHU

