



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF DAGUPAN CITY



OFFICE OF THE SCHOOLS DIVISION
SUPERINTENDENT

Division Memorandum
No. 181, s. 2022

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
School Heads
Sports Coordinators
Assistant Sports Coordinators
Coaches and Trainers
All Others Concern

From: OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT

Subject: CONDUCT OF THE NATIONAL REFRESHER COURSE FOR DEPED COACHES ON THE RETURN TO SPORTS

Date: December 5, 2022

1. The Palarong Pambansa Secretariat (PPS) shall conduct the National Refresher Course for DepEd Coaches on the Return to Sports for Cluster I Luzon on December 18-22, 2022 at Teachers' Camp, Baguio City.
2. The refresher course aims to: orient participants on the new policies and guidelines on the return to sports, apprise them on how to shape safe and healthy playing environment, and provide updates on the current trends in sports coaching.
3. In line with this, select participants to this event through their school heads shall ensure that substitute teacher will take over the class in their absence to prevent disruption of classes.
4. Participants are encouraged to bring their personal sports paraphernalia and must complete the refresher course.
5. Travel expenses of participants shall be charged to their respective MOOE or local funds, subject to usual accounting and auditing rules and regulations.



Address: DepEd SDO, Burgos st., Dagupan City
Telephone No.: (075) 615-2645/(075) 615-2641
Email Address: dagupan.city@deped.gov.ph



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(02) 8881-2214





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6. Attached is the Regional Memorandum 1367, s. 2022 entitled "Conduct of the National Refresher Course⁴ for DepEd Coaches on the Return to Sports" and the list of select SDO Dagupan City participants for this event.
7. For information and immediate dissemination.


AGUEDO C. FERNANDEZ, CESO V
Schools Division Superintendent



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List of Participants for the National Refresher Course for DepEd Coaches on the Return to Sports for SDO Dagupan City (Selected by Region I)

Name	Sports	School
1. Russel Bugayong	Boxing (Elementary)	East Central IS
2. Roderick Poquiz	Boxing (Elementary)	JJDVSTVSS
3. Jann Francis Diolazo	Archery (Secondary)	DCNHS
4. Jeffrey Gatchalian	Boxing (Secondary)	DCNHS
5. Francis Mararac	Athletics (Secondary)	BBNHS
6. James Dustin Coson	Arnis (Secondary)	DCNHS
7. Janis Ivan Palaganas	Basketball (Secondary)	DCNHS
8. Bensin Ventura	Swimming (Secondary)	DCNHS
9. Kevin Balmores	Wrestling (Elementary)	FNCIS

List of Resource Speaker from SDO Dagupan City

Name	Sports	School
Jehtru S. Yao	Basketball	JJDVSTVSS



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Republic of the Philippines
Department of Education
 Region I

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Office of the Regional Director

REGIONAL MEMORANDUM
 No. 1347, s. 2022

NOV 29 2022

**CONDUCT OF THE NATIONAL REFRESHER COURSE FOR DEPED COACHES
 ON THE RETURN TO SPORTS**

To: All Schools Division Superintendents

1. The Palarong Pambansa Secretariat (PPS), shall conduct the National Refresher Course for DepED Coaches on the Return to Sports, Cluster I - Luzon on December 18-22, 2022 at Teachers' Camp, Baguio City.
2. The refresher course aims to:
 - a. orient participants on the new policies and guidelines on the return to sports;
 - b. apprise them on how to shape safe and healthy playing environment; and
 - c. provide updates on the current trends in sports coaching
3. In observance of and compliance to DepEd Order No. 34, 2, 2022 entitled "School Calendar and Activities for the School Year 2022-2023, the schools division office, through the school heads, shall ensure that a substitute teacher will take over the class in the absence of their respective teaching personnel will participate to the Refresher Course to prevent disruption of classes.
4. The participants are encouraged to bring their personal sports paraphernalia and must complete the refresher course for the issuance of certificate.
5. Travel expenses of participants shall be charged against their respective MOOE/local funds, subject to the usual accounting and auditing rules and regulations.
6. Attached is the list of recommended participants to the said activity and are required to submit to essd.region1@deped.gov.ph, their email addresses (preferably DepEd email address) and contact number ASAP, for the online registration link.

[Signature]
TOLENTINO G. AQUINO
 Director IV

Reference: PALARONG PAMBANSA MEMORANDUM
 FPS 2022-001

To be indicated in the Perpetual Index
 Under the following subjects:

SEMINARS SPORTS TEACHERS

ESSD/SQC/eps/Memorandum_Refresher_Course_Baguio
 November 24, 2022

DepEd Region 1: Built on character; empowered by competence.



Flores St., Catbangan, City of San Fernando, La Union
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LIST OF RECOMMENDED COACHES TO THE NATIONAL REFRESHER COURSE FOR DEPED COACHES

EVENTS	ELEMENTARY					
		NAME	SDO	SCHOOL	CONTACT NO.	EMAIL ADD
ARCHERY	1	Julio Amistad	VC	Ilocos Sur NHS		
	2	Dexter Sta. Monica	SFC	Dr. Quintin Balcltn Sr. NHS		
	3					
BOXING	1	Russel Bugayong	DC	East Central IS		
	2	Roderick Poquis	DC	JJDVSTVSS		
	3	Raymund Espero	SFC	La Union NHS		
ATHLETICS	1	Carlos Noel	AC	Alos Elem. School		
	2	Jonel Domingo	IN	Sarrat North CS		
	3	Annabelle C. Abaya	P II	Embarcadero ES		
FOOTBALL	1	Irwin Dalo	IN	Ablan Community School		
	2	Chester S. Silvania	IS	Pila ES		
	3	Joie B. Catolico	CC	Langlangca ES		
BADMINTON	1	Jayson B. Agustin	IN	Bacail ES		
	2	Jane T. Calderon	P II	Vacante ES		
	3	Dorothy Joy Quipay	VC	Burgos Memorial SW		
ARNIS	1	Ronald A. Alanzalon	SCC	Magtalding ES		
	2	Maria Charina R. Macayan	P II	Pias ES		
	3	Marites A. Abucay	IN	Mabuesag Sur ES		
TENNIS	1	Rowena M. Lucero	P II	Pozorrubio CS		
	2	Lourdes P. Orenca	LU	Bacail ES		
	3	Frances Mae O. Delos Santos	LC	MMSU-LES		

IL ADD

EVENTS		ELEMENTARY				
		NAME	SDO	SCHOOL	CONTACT NO.	EMAIL ADD
BASKETBALL	1	Camilo R. Rosales, Jr.	IN	San Nicolas ES		
	2	Candido P. Dumenden	IS	Lingsat ES, Bantay		
	3	Jesus S. Valdez, Jr.	P II	Cabanbanan ES		
SOFTBALL	1	Zachary A. Ruiz	IN	Cabisuculan- Columbia ES		
	2	Francisco Garalde	LC	Tangid ES		
	3	Smith Michael C. Aboag	P II	Lobong ES		
WRESTLING	1					
	2					
	3					
TAEKWONDO	1	Arjay De Guzman	VC	Cabaroan-Cabalanaganon ES		
	2	Jerome P. Enriquez	P II	Bari ES		
	3	Glenda F. Alcaraz	LC	Amarosa ES		
SWIMMING	1	Maritess C. Allpio	UC	Mother Goose Spl. SSI		
	2	Jenny Jean D. Dizon	P II	Juan C. Laya Central SPED Ctr		
	3	Benigno E. Roxas, Jr.	LU	DMMSU-SLUC		

EVENTS		SECONDARY				
		NAME	SDO	SCHOOL	CONTACT NO.	EMAIL ADD
ARCHERY	1	Federico F. Lopez Jr.	SCC	Turac NHS		
	2	Javier C. Fernandez	P II	Tayug NHS		
	3	Jann Francis Diolazo	DC	Dagupan City NHS		
	4	Noel Santos A. Castañeda	LU	Lorma Spl. Science HS		
BOXING	1	Jeffrey Gatchallan	DC	Dagupan City NHS		
	2	Rhonel T. Espinosa	LU	Don Manuel T. Case Sr. NHS		
	3	Grundig B. Festlken	P I	Sual NHS		
	4	Christian C. Matthew	UC	Palina East NHS		
ATHLETICS	1	Jomar R. Carido	P I	Anda NHS		
	2	Daniel C. Gallentes	AC	Alaminos City NHS		
	3	Francis B. Mararac	DC	Bonuan-Buquig NHS		
	4	Michael G. Adisaa	IN	Caestebanan NHS		
FOOTBALL	1	Reckson Lopez	VC	Ilocos Sur NHS		
	2	Jho-ell R. Castillo	CC	Candon NHS		
	3	Reymund A. Sebastian	IS	San Emilio NHS		
	4	Elicie S. Vetog	IN	Burgos Agri-Industrial School		
BADMINTON	1	Perlenc C. Dela Cruz	P II	Benigno V. Aldann NHS		
	2	Maverick V. Perez	IS	St. Paul College of Ilocos Sur		
	3	Benelyn Alcausin	VC	Ilocos Sur NHS		
	4	Marianito Acosta	LU	Ball NHS		
ARNIS	1	Nathaniel Catbagan	SFC	La Union NHS		
	2	Mary Zandy N. Ceralde	DC	Dagupan City NHS		
	3	Karen Kimberly B. Marron	P II	Don Ramon E. Costales MNHS		
	4	Arthur Carmelo	LU	Tubao NHS		

EVENTS		SECONDARY				
		NAME	SDO	SCHOOL	CONTACT NO.	EMAIL ADD
TENNIS	1	Ryan S. Miranda	P I	Calasiao Comprehensive NHS		
	2	Maricel N. Guerrero	AC	Alaminos City NHS		
	3	Marlon V. Cubangbang	LC	INCAT		
	4	Emmy C. Lutrania	UC	Lananpin NHS		
BASKETBALL	1	Anthony T. Canayon	P I	Bolinao School of Fisheries		
	2	Thalia O. Mosada	P II	Cipriano P. Primicias NHS		
	3	Marlon C. Daquiog	LC	Gabu National HS		
	4	Janis Ivan Palaganas	DC	Dagupan City NHS		
SOFTBALL	1	Laurence M. Lazaga	LU	Wenceslao NHS		
	2	Fe A. Beltran	LC	INCAT		
	3	Ruth Ann R. Tomas	IN	Vintar NHS		
	4	Lenadro O. Condes	P II	Lobong NHS		
WRESTLING	1	James Karlo O. Bongolan	UC	Cabaruan NHS		
	2	Narcie Ricky Apilado	SFC	San Fernando City NVHS		
	3	Juliber S. Ordinario	P II	San Miguel NHS		
	4	Edarahaine A. Florendo	LU	Ballay NHS		
TAEKWONDO	1	Nestogen S. Parel	P I	Bayambang NHS		
	2	Rovilyn Nilo	SFC	La Union NHS		
	3	Madonna B. Pasamon	P II	Mansoag NHS		
	4	Jerry J. Patacill	UC	Urdaneta City NHS		
SWIMMING	1	Bensin C. Ventura	DC	Dagupan City NHS		
	2	Joe Pagulayan	SFC	La Union NHS		
	3	Jojo A. Buenaventura	SCC	Central I ES		
	4	Catherine M. Litao	LC	Ilocos Norte NHS		