



Republic of the Philippines  
**Department of Education**  
REGION I



Office of the Regional Director

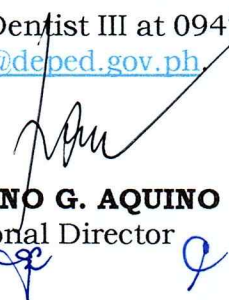
REGIONAL MEMORANDUM  
No. 873 s. 2022

AUG 05 2022

**NATIONAL FAMILY PLANNING MONTH 2022**

To: Schools Division Superintendents

1. August is observed as the National Family Planning Month. This is to create awareness on the importance of family planning in the overall health and well-being of the population.
2. The theme for this year is **“Bata, Bata, Planado kang Ginawa!” with the subtheme, “Usap Tayo sa Family Planning dahil ang Pamilyang Planado, Protektado!”**.
3. As part of the regional celebration and collaboration with POPCOM as partner agency, DepEd Region 1 invites all division to participate in the promotion of the event. Suggested activities are as follows:
  - a. Share respective official social platforms of the social media posts promoted by POPCOM about the event.
  - b. Watch POPCOM Facebook Page (<https://www.facebook.com/OfficialPOPCOMRegion1>) and share the August episode of “Usap Tayo sa Family Planning with Doc Jeepy.” talk show.
  - c. Hang streamers using your agency logo and the theme. Recommended size for streamer is 50in x 90in. Access link through (<https://tinyurl.com/FPtarp>)
4. For queries, please contact Dr. Marjorie G. Pudín, Dentist III at 09478733036 or email at [essd.region1@deped.gov.ph](mailto:essd.region1@deped.gov.ph) or [marjorie.pudin@deped.gov.ph](mailto:marjorie.pudin@deped.gov.ph)

  
**TOLENTINO G. AQUINO**  
Regional Director

To be included in the Perpetual Index  
under the following subjects:

HEALTH  
EDUCATION  
ESSD-MGP/RegionalMEMOro1  
August 3, 2022

**DepEd Region 1: Built on character; empowered by competence.**



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Republic of the Philippines  
REGION I

**COMMISSION ON POPULATION AND DEVELOPMENT**  
*Empowering Filipino Families*

2022-07-160  
July 28, 2022

**DIR. TOLENTINO G. AQUINO**  
Regional Director  
Department of Education-ROI  
City of San Fernando, La Union



**Dear Director Aquino:**

August is observed as the National Family Planning (FP) month aimed to create awareness on the importance and benefits of FP in promoting the overall health and well-being of the population.

The theme for this year's celebration is "**Bata, Bata, Planado kang Ginawa!**" with the subtheme, "**Usap Tayo sa Family Planning dahil ang Pamilyang Planado, Protektado!**" It envisions all Filipinos of reproductive age, specifically those who are 18-25 years old, would be aware of their reproductive health, would be able to plan for their family size, and would practice healthy sexual behaviors.

With that vision, the key messages of the FP month celebration would be as follows:

- **Key message 1: Usap Tayo, Mare at Pare sa family planning!**
- **Key message 2: Usap Tayo Mare at Pare sa inyong plano**
- **Key message 3: Usap Tayo, Pare at Mare, sa inyong napiling method!**

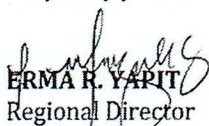
As part of our regional celebration, we would like to enjoin you to promote the event in your respective agencies through conducting the suggested activities below:

- Share on your respective official social platforms the social media posts promoted by POPCOM about the event.
- Watch on our Facebook Page (<https://www.facebook.com/OfficialPOPCOMRegionI>) and share the August episode of "Usap Tayo sa Family Planning with Doc Jeepy" talkshow
- Hang streamers using your agency logo and the theme. Recommended size for the streamer is 50in x 90in. It can be accessed through this link: <https://tinyurl.com/FPtarp>

Should you have queries, you may reach us through our FB Page or contact numbers: (072) 607-3334/ (072) 607-0904 / 0945-399-7716 and look for **Ms. Mae Grace M. Ariola**, Information Officer I.

Thank you very much!

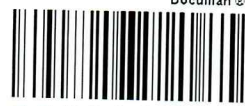
Very truly yours,

  
**ERMA R. YAVIT**  
Regional Director

*Handwritten initials*



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