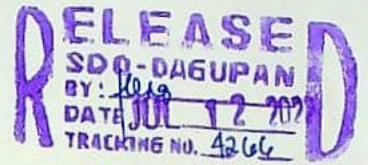




Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OFFICE DAGUPAN CITY



Office of the Schools Division Superintendent

Division Memorandum

No. 250 s. 2022

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
EPP/TLE Teachers and GPP Coordinators
All Others Concerned

From: **OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT**

Date: July 12, 2022

Subject: **SURVIVAL COOKING AND TRASH ART CHALLENGE 2022**

1. Pursuant to Section 7 Presidential Decree 491, s. 1974 entitled *Nutrition Act of the Philippines*, the country shall celebrate National Nutrition Month every July, which shall be led by the National Nutrition Council (NNC) in partnership with other agencies, to promote the importance of proper nutrition among Filipinos. This year's celebration, the theme is "New normal na nutrisyon, sama-samang gawan ng solusyon!," which calls for solidarity and enhanced interventions towards nutrition improvement as we move toward the new normal.
 2. Anent this, the Schools Division Office will conduct the **Survival Cooking and Trash Art Challenge on July 29, 2021, Friday, from 8:00 a.m. to 4:00 p.m. at West Central Elementary School I**. These activities aim to integrate Nutrition Education, Gulayan sa Paaralan Program (GPP), and the division-initiated Project Plant-eatable and Plant-Treatable in the Schools and Home (PiSH). Further, these aim to exhibit efficient use of school and home gardens in survival cooking as well as exemplify new-normal solutions while promoting zero waste and proper nutrition.
 3. Two (2) Elementary schools shall compete per District in the Elementary Category. All eight (8) JHS and eight (8) SHS shall compete in the Secondary Category. Each participating school shall form a team composed of the following: One (1) Teacher as Coach, One (1) Parent as Coach, and One (1) Learner.
 4. Each team shall pre-register using the link: <https://bit.ly/SurvivalCook2022> **on or before July 26, 2022**. Only pre-registered participants shall be allowed to compete. For general guidelines, mechanics, and criteria, please refer to *Enclosure 1*.
-



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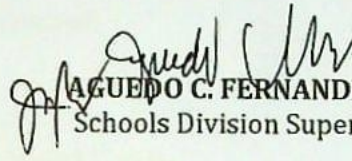


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5. Immediate and widest dissemination of this memorandum is desired.


AGUEDO C. FERNANDEZ, CESO V
Schools Division Superintendent



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(Enclosure 1)

Activity	Date and Venue	Participants
Survival Cooking and Trash Art Challenge	West Central Elementary School I July 29, 2022, 8:00-11:00 a.m. (Elementary) July 29, 2022, 1:00-4:00 p.m. (Secondary)	Two categories: Elementary and Secondary Participants per category composed of the following: 1 Teacher, 1 Parent, 1 Learner

Guidelines and Mechanics on Survival Cook-Off and Trash Art Challenge

General Guidelines:

- Two (2) Elementary schools shall compete per District in the Elementary Category.
- All eight (8) JHS and eight (8) SHS shall compete in the Secondary Category.
- Each participating school shall form a team composed of the following:
 - One (1) Teacher as Coach
 - One (1) Parent as Coach
 - One (1) Learner
- Each team shall pre-register using the link: <https://bit.ly/SurvivalCook2022>. Only pre-registered participants shall be allowed to compete.
- The participants are not allowed to use plastic products for plating or presentation. They shall instead use natural or indigenous ingredients.
- The winners will receive certificates and tokens.
- The decision of the Board of Judges is final and non-appealable. All winning entries shall be the property of the SDO.

SURVIVAL COOK-OFF

- The Cook-Off will be conducted at **8:00 to 11:00 a.m.** for **Elementary** category and **1:00 to 4:00 p.m.** in the **Secondary** category.
- Each team shall bring their own cooking utensils and equipment (e.g. apron, gloves, stove). Plastic products are not allowed for plating and presentation.
- Each team shall be given two (2) hours to prepare two plates of their dish.
- Each team shall prepare a copy of the recipe of the dish that they will cook.
- Elementary school participants shall cook a **snack** dish that costs P30.00 or less.
- Secondary school participants shall serve a **main dish** that costs P60.00 or less.
- There will be one (1) winner each from the Elementary and Secondary School categories.



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CRITERIA FOR SURVIVAL COOKING

Nutritional Value (30%)

Dish served should be well balanced in terms of essential nutrients i.e. carbohydrates, fat, protein, mineral and vitamins that meet the nutrient requirements of the consumer.

Cost Effectiveness (30%)

Snack should not exceed P30.00 per serving
Main dish should not exceed P60.00 per serving

Palatability (30%)

Dish served is delicious/tasty/palatable

Presentation (10%)

Artistic and delectable presentation of dish

TRASH ART CHALLENGE

- Each team shall be given one (1) hour to gather all the scraps/leftover/unused ingredients from the cook-off to be transformed into an artwork.
- After the time allotted for trash art making, the finished piece will be displayed in the participants' display area for judging.
- Plastic products will not be allowed for plating or presentation.
- There will be one (1) winner each from the Elementary and Secondary School categories.

CRITERIA FOR TRASH ART CHALLENGE

Originality (10%)

Trash art has unique components and creatively conceived overall.

Percentage of Waste/Scraps Usage (40%)

Scraps/waste not used for cooking are efficiently and artistically used in creating the trash art.

Artistic and Thematic Quality (50%)

Trash art is creative and aligned with the year's theme of Nutrition month.



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