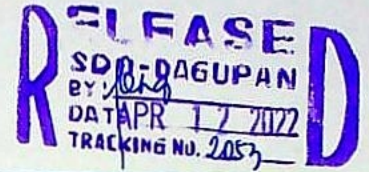




Republic of the Philippines  
DEPARTMENT OF EDUCATION  
Region I  
SCHOOLS DIVISION OFFICE  
DAGUPAN CITY



OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT

TO: Asst. Schools Division Superintendent  
Chiefs of Divisions  
Education Program Supervisors  
Public Schools District Supervisors  
Principals (Public/Private schools)  
Sports Coordinators  
All others concerned

FROM: *Aguedo C. Fernandez*  
**AGUEDO C. FERNANDEZ, CESO V**  
Schools Division Superintendent

SUBJECT: **SDO-Dagupan City EMPLOYEES SPORTSFEST**  
**(1<sup>st</sup> Superintendent Cup 2022)**

DATE: **11 April 2022**

1. This office will conduct the **SDO-Dagupan City Employees Sportsfest** and dubbed as the **1<sup>st</sup> Superintendents Cup 2022**. This activity is part of the SDO-Dagupan City Employee's Physical Fitness, Wellness and Sports Program and aligned to the Physical Fitness Program for Government Personnel embodied in **CSC Memorandum Circular No. 38, s. 1992** and **CSC MC No. 8, s. 2011** which is "The Great Filipino Workout". Taking advantage of the ongoing Progressive F2F classes where learners are not yet allowed to engage in other extra-curricular activities and the health and safety protocols will be strictly observed.
2. This activity will be participated by teaching, non-teaching personnel and officials of this division. It is **FRIENDLY** Competition, and that active participation is first and winning second. The schools are grouped/clustered to balance and complement each other's composition/organization of the different delegations/teams. *(Pls refer to attached list)*
3. The activity will be officially opened on **April 29, 2022, at 7:30AM**, at the Don Alipio Fernandez, Sr. People's Astrodome. After a short **Opening Program**, it will be preceded by the **SEARCH** for Ginoo, Binibi at Ikatlong Lahi. In the afternoon the **Larong Pinoy** will be played at the Bonuan Boquig ES Covered Gym and athletic grounds, at 2:00PM-5:30PM. Succeeding games will be held in different playing venues on approved dates and time.
4. The activity will be managed by the SGOD with support from the CID, the DCPSTEA and all the School/District Sports Coordinators. They will be assisted by the different Game Managers, accredited Technical Officials and Team Leaders. *(Pls refer to the attached list)*
5. The submission of **ENTRIES** to the Secretariat c/o SGOD is until **April 22, 2022**.
6. All school heads are enjoined to support this program/activity as it geared towards a healthy and productive workforce.
7. Wide and immediate dissemination of this memorandum is desired.

# SDO-DAGUPAN CITY EMPLOYEES PHYSICAL FITNESS, WELLNESS AND SPORTS PROGRAM

## RATIONALE:

One of the famous English cleric and jurist named Henricus Bracton once said, "*An ounce of prevention is worth a pound of cure,*" and "*Mens sana in corpore sano*" (a healthy mind in a healthy body) which was coined by the Roman poet Juvenal. It is along this thought that the **Employees Physical Fitness, Wellness and Sports Program** at the Schools Division Office of Dagupan City (SDO-DC) was conceptualized to look after the physical well-being of the SDO workforce (teaching and non-teaching personnel, including officials) through the development and maintenance of a program most especially in this hard times brought about by the COVID-19, and that consist of several components to be implemented this April 29 to June 2022 and the ensuing months/years.

Managers and leaders alike recognize the importance of a healthy workforce most especially in this time of the pandemic. It has been always said that human resources are the most valuable resource and the lifeblood of an organization. The Civil Service Commission (CSC) as the central personnel agency of the government, issued *CSC Memorandum Circular No. 38, s. 1992* regarding the "*Physical and Mental Fitness Program for Government Personnel*" and *MC No. 6, s. 1995* and *MC No. 8, s. 2011* requires, reiterates and adopts the implementation of all agencies the "*Great Filipino Workout*" as an integral part of the National Physical Fitness and Sports Development Program for government personnel for a continuing physical fitness and sports activities.

## OBJECTIVES:

### A. GENERAL:

To develop a healthy and productive workforce at the SDO-Dagupan City.

### B. SPECIFICS:

1. To promote the importance of developing and maintaining a happy, healthy lifestyle through continuous physical fitness activities.
2. To participate in health and wellness programs.
3. To actively participate in sports activities or tournaments.
4. To improve and strengthen inter-personal relationships among the entire workforces.
5. To improve work performance.

**PROJECT TITLE: SDO-DAGUPAN CITY EMPLOYEES SPORTSFEST  
1<sup>st</sup> Superintendent's Cup 2022**

## Specific RULES AND GUIDELINES

### A. PLAYERS' ELIGIBILITY:

1. The sports fest is open to all qualified employees (teaching/non-teaching) of the SCHOOLS DIVISION OFFICE and its field offices/schools.
2. The employee-player shall have an employment status as permanent/regular; contractual/job order employees maybe qualified if his/her appointment was made/approved before March 2022. Must be an employee of the Basic Education Department only (for schools with college levels).

3. Proof of employment shall be submitted:
  - a. Certified Xeroxed copy of original appointment.
  - b. Certified Xeroxed copy of payroll (at least 3 months).
4. Must be physically fit as certified by the division medical officer or in the absence, any gov't physician.

**B. TEAM COMPOSITION:**

1. **BASKETBALL** (for male teacher-personnel)- a team may compose of minimum of 10 and maximum of 18 team members PLUS 1-coach/team manager.
2. **VOLLEYBALL** (for men and women teacher-personnel category)- a team may compose maximum of 12 team members (including 2 libero) and 1-coach/team manager).
3. **BADMINTON/TABLE TENNIS/TENNIS** (for MEN and WOMEN *Teacher/Personnel* categories) –a team may compose of four (4) men and four (4) women and 1-Coach/event
4. **CHESS** Open Category: 2-men; 2-women.
5. **LARONG PINOY** (Teaching/ non-teaching personnel):
  - a. **Patintero** – 2 men, 2 women (Categories: Below 45, 45 and above)
  - b. **Tug of War** – 4 men, 4 women (1. *Teacher category*: Required COMBINED total WEIGHT of the 8 team members shall be 600 kgs. or less; 2. *Personnel category*: No weight limit; 3. *LGBTQ+*: Open category)
  - c. **Sack Race** – 5 men, 5 women (1. *Teacher*; 2. *Personnel Categories*: Under 45 and 45 and above; *LGBTQ+*: Open Category).
  - d. **Kadang-kadang** - (coconut husk) (Open Categories: Under 45; 45 and above), ten (10) members (5-men, 5-women) /team/category.
  - e. **Tumbang Preso** – (Open Category)- 4 players/team (mixed gender)
  - f. **Siatong** – (Open Category) – 4 players/team (mixed gender)
  - g. **Palo Sebo**-(Open category) - 5 players per team.

**C. PLAYING PROCEDURES:**

**BASKETBALL:**

1. In the 1<sup>st</sup> and 2<sup>nd</sup> periods or 1<sup>st</sup> HALF, ALL PLAYERS should have played. Unless a player is INJURED and or not fit to play.  
**PENALTY: Technical Foul: 2 freethrows for every physical present player not fielded in the 1<sup>st</sup> Half. Exemption: Player/s is injured/absent/dropped(withdrawn).**
2. The 2<sup>nd</sup> half maybe played by any of the team members/players. Normal substitution procedure is observed.
3. Format: Bracketed round robin (elimination round); DRAWLOTS for semifinal round (top team in each group/bracket; Finals-knockout game.

**VOLLEYBALL:**

1. All games shall be played in three (3) sets.
2. The game winner is determined by the total points scored in 3 sets.
3. In the 1<sup>st</sup> and 2<sup>nd</sup> sets, all the 12 players + 2 liberos shall have played (the first 6 players with the 1<sup>st</sup> libero and then second 6 players plus the 2<sup>nd</sup> libero). Substitution shall be among the 6 players only. Physically present players NOT fielded shall be penalized with a *loss of service*. **Exemption: player/s is injured/absent/withdrawn.**

4. The 3<sup>rd</sup> set maybe played by any among the 12 players. Normal substitution is observed.
5. Format: Bracketed round robin (eliminations); DRAWLOTS for semifinals (top team in each group/bracket; Finals-knockout game.

**BADMINTON/TABLE TENNIS (Open)**

1. 8-players (4-male; 4-female) players per delegation. Competition shall be Singles/Doubles/Singles matches only. All games shall be played in Single Eliminations.

**CHESS (Open)**

1. 4 – players (2-male; 2-female); To be played by means of the SWISS ROUND System.

**SWIMMING.** Relay category (mixed gender) Open category. To use the 25-meter pool.

**MTB Cycling.** Open Category.

**TENNIS:** 8-Players (4-men; 4-Women). The format will depend on the number of entries.

**SELECTION of SDO-DC Ginoo/Bb./Ikatlong Lahi.**

1. Qualifications for Ginoo/Bb SDO-DC must be SINGLE, while the Ikatlong Lahi is OPEN (married/single).

**TEAM UNIFORM:**

1. Complete Uniform by teams is OPTIONAL, for as long as the upper shirt is the color assigned to each delegation/team. The committee though will not discourage teams to have complete set of playing uniforms.
2. Teams shall use the assigned team colors as drawn and agreed upon by the sports coordinators.
3. Playing numbers may be 0, 00, 1-99 for BASKETBALL, 1-12 for VOLLEYBALL
4. The playing shirt shall bear number front and back, while in the shorts, should be in front (volleyball/basketball).

**GAME/SPORTS RULES TO GOVERN THE SPORTSFEST**

1. The specific sports rules as set by their respective Federations and its amendments will be used/applied in this sportsfest, unless it is specifically defined in the Rules and Guidelines set forth.
2. The rules for the Larong Pinoy are adopted from the DepED Rules and Regulations and as agreed by the competing teams and to be properly discussed during technical meetings.
3. The decision of the Technical Committee/Referees is FINAL.

**PLAYING SCHEDULES:**

The regular playing day/schedule will be *every FRIDAY afternoon starting at 3:00pm* or as may be approved by the SDS and during holidays and or Saturdays as may eb agreed by the participating teams.

The OPENING PROGRAM will be a WHOLE DAY activity on April 29, 2022, starting at 6:30AM to be followed by the games in Larong Pinoy and to culminate with the pageantry. The VENUE will be at the Bonuan Boquig ES covered gym and athletic ground.

**FUNDING SOURCE:**

The operational expenses in the conduct of this project shall be sourced through sponsorships, solicitations, and donations from the DCPSTE, business establishments, construction companies, benevolent/philanthropic friends, and shared responsibility of participants/players in the sports categories.

DELEGATIONS/TEAMS	Team COLORS	COMPOSITION/CLUSTER OF SCHOOLS
1. NORTHERN Team	White	FNCIS, LFMES, BBES, NCEs, GDPES, SABANGAN ES, BLISS ES
2. CENTRAL Team	Light Green	WCES1, WCES2, JPGUADIZ ES, LUCAO ES, MALUED ES, JLSES, PGVES, Bacayao Sur ES
3. EASTERN Team	Brown	SALISAY ES, BolosanES, ManginTES, TebengES, CarangES, TAMBAC ES, PogoLES, LasipGES, ECIS, Mamalingling ES
4. WESTERN Team	Gray	PIS, SUIT ES, LOMBOY ES, CARAEL ES, CALMAY ES, TARES, PANTAL ES, VOZES, SalapingaoES
5. DCNHS	Orange	JHS/SHS
6. JJDVSTVSS	Dark Blue	JHS/SHS
7. BBNHS	Light Blue	JHS/SHS
8. CARAEL NHS/SNHS	Red	JHS/SHS
9. PRIVATE SCHOOL A	Black	SJCS, ST. MICHAEL, PUI, DWAD, PAMMA, Living LightsA, OAKRIDGE, ST. BELARMINI, WONDERLAND, SAGS, PIMSAT, UPANG, UDD, CLIFFORD
10. PRIVATE SCHOOL B	Pink	LMA, MGSSHS, LNU/CMC, DS, PBMA, NORTHFIELD, KINGFISHER, JCAI, ULHS, EDNAS, GENESIS, LA SALLETE,
11. DIVISION OFFICE	Yellow	OSDS, OASDS, CID, SGOD, ADMIN

Prepared by:

**JHTRU S. YAO/EDGAR S. TIMBOL**  
Teacher III                      EPS II

Quality Assured by:

**MARISSA O. PEREZ**  
EPS, SGOD

Recommending Approval:

**MARIA LINDA R. VENTENILLA**  
CES, CID

**EDILBERTO R. ABALOS**  
CES, SGOD

**MARCIANO U. SORIANO, JR.**  
Assistant Schools Division Superintendent

APPROVED:

**AGUEDO C. FERNANDEZ, CESO V**  
Schools Division Superintendent

## GAMES MANAGEMENT AND TECHNICAL COMMITTEE

General Referee	SDS AGUEDO C. FERNANDEZ	
Asst. General Referee	ASDS MARCIANO U. SORIANO, JR.	
Project Chair/Head, Technical Committee	CES EDILBERTO R. ABALOS	
Deputy Project Chair	CES MA. LINDA S. VENTENILLA	
Legal Officer	ATTY JOSE OVIEDO	
Administrative Matters	AO MYREL ANGELICA LOPEZ	
DELEGATION/TEAMS	ASSIGNED COORDINATORS	TEAM LEADER/S
NORTHERN TEAM	JOAQUIN REYES	VALENTINA HORTALEZA/LEONARDA MANANSALA
CENTRAL TEAM	ARIEL FERRERIA	WILLY GUIEB/JANE CAJAYON
EASTERN TEAM	REY BUGARIN	MARICRIS FERRER/ISABELITA DAROYA
WESTERN TEAM	RODRIGO AGUADO	JOSE CARDOZO/RONIE BUNAO
DCNHS	CARMELA BERNAL	MEDARLO DE LEON
BBNHS	ROMY DE GUZMAN	RENATO SANTILLAN
JJDVSTVSS	JEHTRU YAO	BERNADETTE CASTRO
CARAEI NHS/SNHS	GLENDA CORONIA	CRISTINA AQUINO/MARNELLI SONZA
PRIVATE SCHOOL TEAM A	JEZREEL CASIPIT	EUNICE GALINDEZ
PRIVATE SCHOOL TEAM B	RONNA ESCANO	
DIVISION OFFICE	EDGAR TIMBOL	SDS AGUEDO/ASDS JONG
SPORTS/GAME EVENTS	GAME MANAGERS	ASST. GAME MANAGERS
BADMINTON	FIDEL TULIAO	MARCIAL BAUTISTA
BASKETBALL	JEHTRU YAO	REY BUGARIN
CHESS	PHILIP MENDOZA	ERWIN FESTEJO
LAWN TENNIS	JOAQUIN REYES	
SWIMMING	RUMUALDO URSUA	JOJILL BELTRAN
TABLE TENNIS	WIDMARK BALMORES	JOHN LITO CHIU
VOLLEYBALL	MICHAEL HENRY BALTAZAR	JEFFREY CERALDE
PATINTERO	ARIEL FERRERIA	NICANOR CLAUNA
TUG-OF-WAR	SALOMI CANCINO	RAYMUND GONZALES
SACK RACE	ROMY DE GUZMAN	FRANCIS MARARAC
TUMBANG PRESO	EDUARDO GUIEB	
KADANG-KADANG	DANNY BATO	
SIATONG	RODRIGO AGUADO	PASTOR DEL PILAR
PALO SEBO	EDDIE CLORES	RUSSEL PINEDA
MTB CYCLING	REYNANTE INFANTE	
SECRETARIAT	DR. MARISSA PEREZ	GILLIANE CASACLANG

*af*



Republic of the Philippines  
Department of Education  
REGION I  
SCHOOLS DIVISION OFFICE DAGUPAN CITY  
**ENTRY FORM**

**EVENT:** \_\_\_\_\_

NAME OF PLAYERS	NAME OF SCHOOL	STATUS OF APPOINTMENT	REMARKS
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

\_\_\_\_\_  
Assistant Coach

\_\_\_\_\_  
Team Leader/s

\_\_\_\_\_  
Head Coach

M

CP



Republic of the Philippines  
Department of Education  
REGION I  
SCHOOLS DIVISION OFFICE DAGUPAN CITY

## ENTRY FORM

### “GINOO AT BINIBINING IKATLONG LAHI SPORTSFEST 2022”

NAME	AGE	SEX	CP No.	School Head

### Production Staff

Reynaldo D. Cabusi, Pageant Director  
Gau Callanta, Assistant to Production Staff

#### **Choreographers**

Roan Jett Fernandez-ECIS  
Alexander Fernandez-Pantal ES

#### **Music and Sound**

William Morga-JJDVSTVSS

#### **Photography and Video**

Marnick Nicolas-ECIS  
Kenneth Mangaring-Caranglaan ES

#### **Stage Manager**

Raymond Arzadon-Pascuala G. Villamil ES

#### **Emcee/Host**

Anacencio Aguilar-ECIS