



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF DAGUPAN CITY



Division Advisory
No. 07,s.2022

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
School Heads
Sports Coordinators
Assistant Sports Coordinators
Coaches and Trainers
All Others Concern

From: 
AGUEDO C. FERNANDEZ, CESO VI
Schools Division Superintendent

Subject: **NATIONAL VIRTUAL REFRESHER COURSE FOR ATHLETICS
TECHNICAL OFFICIALS AND COACHES FOR DEPED TEACHERS**

Date: February 18, 2022

1. The DepEd through the Palarong Pambansa Secretariat shall conduct the **“National Virtual Refresher Course for Athletics Technical Officials and Coaches for DepEd Teachers”**.
2. The refresher course for athletics shall be conducted through MS Teams on February 21-25, 2022.
3. The DepEd Region I select **Coach Francis B. Mararac**, Teacher III of Bonuan Boquig National High School as representative of SDO Dagupan City for the said event.
4. Attached is the Palarong Pambansa Secretariat Memorandum and enclosures for references.
5. For information and immediate dissemination.



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PALARONG PAMBANSA SECRETARIAT

Department of Education

Philippines Sports Commission

Department of Interior and Local Government



MEMORANDUM

**TO: REGIONAL DIRECTORS
REGIONAL SPORTS OFFICERS
SCHOOL DIVISIONS SUPERINTENDENTS
HEADS, PUBLIC ELEMENTARY AND SECONDARY SCHOOLS
MINISTERS, BASIC, HIGHER, AND TECHNICAL EDUCATION,
BARMM**

FROM: JOEL S. ERESTAIN, CSEE
Director III
Palarong Pambansa Secretariat

DATE: February 18, 2022

**SUBJECT: NATIONAL VIRTUAL REFRESHER COURSE FOR ATHLETICS
TECHNICAL OFFICIALS AND COACHES FOR DEPED
TEACHERS**

1. All concerned is hereby informed, that the Department of Education (DepEd), through Palarong Pambansa Secretariat will conduct a **Five-day National Virtual Refresher Course in Coaching and Officiating for DepEd Teachers** on February 21, 22, 23, 24, and 25, 2022 via Microsoft Teams.
2. The refresher course aims to this activity is inline of possible bubble meet for preparation in Ormoc City.
3. Participants of this refresher course are the recommended participants of technical officials and coaches per region, and members of the Technical Working Group (TWG).
4. From the list of participants, recommend five (5) Coaches and five (5) for Technical Officials per region. They may submit the recommended list to Palarong Pambansa Secretariat via email at palarong.pambansa@deped.gov.ph.

5. Attached is the list of participants and schedule of activities.

6. For more information, inquiries, and clarifications, please contact Mr. Narciso Dasigan, Athletics Sports Manager through email narciso.dasigan001@deped.gov.ph and contact no. 09081036558.

7. Immediate dissemination of this Memorandum is encourage.

Attachment A

THE TECHNICAL WORKING GROUP

Over-all Chairman: Narciso B. Dasigan

Co-Chairman: Virgilio S. Padilla

Robina R. Venturina

Registration, Programs and Certificates:

Coordinator: Robina R. Venturina

Member: Rosell L. Reyes

Marx P. Blanco

Documentation:

Coordinator: Rosell L. Reyes

Members: Marx P. Blanco

Randy A. Tilbe

Technical:

Coordinator: Marx P. Blanco

Member: Randy A. Tilbe

Resource Speakers: Narciso B. Dasigan

Virgilio S. Padilla

Robina R. Venturina

Attachment B

THE LIST OF PARTICIPANTS PER REGION

REGIONS	NO. OF PARTICIPANTS FOR TECHNICAL OFFICIALS	NO. OF PARTICIPANTS FOR COACHES
1	5	5
2	5	5
3	5	5
4A	5	5
4B	5	5
5	5	5
6	5	5
7	5	5
8	5	5
9	5	5
10	5	5
11	5	5
12	5	5
13	5	5
NCR	5	5
CAR	5	5
BARMM	5	5
TOTAL	85	85

National Virtual Refresher Course for Athletics Technical Officials and Coaches for DepEd Teachers

February 21-25, 2022

Via MS Teams

TRAINING MATRIX

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
7:30 AM – 11:30 AM	A. OPENING PROGRAM B. Fundamentals of Jumping C. Teaching Progression Pole Vault D. Q & A	A. MOL B. Fundamentals of Throwing C. Teaching Progression Javelin Throw D. Q & A	Group Activity	General Field Rules A. Long Jump B. Triple Jump C. Pole Vault D. High Jump	General Track Rules A. Start B. Hurdle C. Steeplechase D. Relays E. Walk
11:30 AM – 1:00 PM	LUNCH BREAK				
1:00 PM – 4:00 PM	A. Fundamentals of Running B. Teaching Progression Hurdles C. Q & A	A. Three Cycles of Periodization B. Training Program C. Q & A	Introduction to NTO Management Officials and their Duties	General Field Rules A. Shot Put B. Discus Throw C. Javelin Throw	A. Group Activity B. CLOSING PROGRAM

**National Virtual Refresher Course for Athletics
Technical Officials and Coaches for DepEd
Teachers**

February 21-25, 2022

Via MS Teams

CONFIRMATION SHEET

Region: _____

Name	Position / Designation	Division	Email	Fb Account

(Add arrow if necessary)

Submitted by:

Name and Signature

Date

Approved by:

Name and Signature

Date