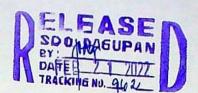


Republic of the Philippines Department of Education REGION I SCHOOLS DIVISION OF DAGUPAN CITY



Division Advisory No. 07, s. 2022

To:

Assistant Schools Division Superintendent

Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors

School Heads Sports Coordinators

Assistant Sports Coordinators

Coaches and Trainers
All Others Concern

From:

AGUEDO C. FERNANDEZ, CESO VI

Schools Division Superintendent

Subject:

NATIONAL VIRTUAL REFRESHER COURSE FOR ATHLETICS

TECHNICAL OFFICIALS AND COACHES FOR DEPENTEACHERS

Date:

February 18, 2022

- The DepEd through the Palarong Pambansa Secretariat shall conduct the "National Virtual Refresher Course for Athletics Technical Officials and Coaches for DepEd Teachers".
- 2. The refresher course for athletics shall be conducted through MS Teams on February 21-25, 2022.
- The DepEd Region I select Coach Francis B. Mararac, Teacher III of Bonuan Boquig National High School as representative of SDO Dagupan City for the said event.
- Attached is the Palarong Pambansa Secretariat Memorandum and enclosures for references.
- For information and immediate dissemination.



Address: DepEd SDO, Burgos st., Dagupan City Telephone No.: (075)615-2645/(075)615-2641 Email Address: dagupan.city@deped.gov.ph







PALARONG PAMBANSA SECRETARIAT

Department of Education
Philippines Sports Commission
Department of Interior and Local Government







MEMORANDUM

TO:

REGIONAL DIRECTORS

REGIONAL SPORTS OFFICERS

SCHOOL DIVISIONS SUPERINTENDENTS

HEADS, PUBLIC ELEMENTARY AND SECONDARY SCHOOLS MINISTERS, BASIC, HIGHER, AND TECHNICAL EDUCATION.

BARMM

FROM:

JOEL S. ERESTAIN, CSEE

Director III

Palarong Pambansa Secretariat

DATE:

February 18, 2022

CID IECM. MAMIONAL MIDMILL DESDECTION COMPONE

SUBJECT: NATIONAL VIRTUAL REFRESHER COURSE FOR ATHLETICS

TECHNICAL OFFICIALS AND COACHES FOR DEPED

TEACHERS

- All concerned is hereby informed, that the Department of Education (DepEd), through Palarong Pambansa Secretariat will conduct a Fiveday National Virtual Refresher Course in Coaching and Officiating for DepEd Teachers on February 21, 22, 23, 24, and 25, 2022 via Microsoft Teams.
- 2. The refresher course aims to this activity is inline of possible bubble meet for preparation in Ormoc City.
- 3. Participants of this refresher course are the recommended participants of technical officials and coaches per region, and members of the Technical Working Group (TWG).
- 4. From the list of participants, recommend five (5) Coaches and five (5) for Technical Officials per region. They may submit the recommended list to Palarong Pambansa Secretariat via email at palarong.pambansa@deped.gov.ph.

- 5. Attached is the list of participants and schedule of activities.
- For more information, inquiries, and clarifications, please contact Mr. Narciso Dasigan, Athletics Sports Manager through email <u>narciso.dasigan001@deped.gov.ph</u> and contact no. 09081036558.
- 7. Immediate dissemination of this Memorandum is encourage.

THE TECHNICAL WORKING GROUP

Over-all Chairman: Narciso B. Dasigan

Co-Chairman: Virgilio S. Padilla

Robina R. Venturina

Registration, Programs and Certificates:

Coordinator: Robina R. Venturina

Member: Rosell L. Reyes

Marx P. Blanco

Documentation:

Coordinator: Rosell L. Reyes

Members: Marx P. Blanco

Randy A. Tilbe

Technical:

Coordinator: Marx P. Blanco

Member: Randy A. Tilbe

Resource Speakers: Narciso B. Dasigan

Virgilio S. Padilla

Robina R. Venturina

THE LIST OF PARTICIPANTS PER REGION

REGIONS	NO. OF PARTICIPANTS FOR TECHNICAL OFFICIALS	NO. OF PARTICIPANTS FOR COACHES
1	5	5
2	5	5
3	5	5
4A	5	5
4B	5	5
5	5	5
6	5	5
7	5	5
8	5	5
9	5	5
10	5	5
11	5	5
12	5	5
13	5	5
NCR	5	5
CAR	5	5
BARMM	5	5
TOTAL	85	85

National Virtual Refresher Course for Athletics Technical Officials and Coaches for DepEd Teachers

February 21-25, 2022 Via MS Teams

TRAINING MATRIX

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	
7:30 AM – 11:30 AM	A. OPENING PROGRAM B. Fundamentals of Jumping C. Teaching Progression Pole Vault D. Q & A	A. MOL B. Fundamentals of Throwing C. Teaching Progression Javelin Throw D. Q & A	Group Activity	General Field Rules A. Long Jump B. Triple Jump C. Pole Vault D. High Jump	General Track Rules A. Start B. Hurdle C. Steeplechase D. Relays E. Walk	
11:30 AM - 1:00 PM	LUNCH BREAK					
1:00 PM – 4:00 PM	A. Fundamentals of Running B. Teaching Progression Hurdles C. Q & A	A. Three Cycles of Periodization B. Training Program C. Q & A	Introduction to NTO Management Officials and their Duties	General Field Rules A. Shot Put B. Discus Throw C. Javelin Throw	A. Group Activity B. CLOSING PROGRAM	

National Virtual Refresher Course for Athletics Technical Officials and Coaches for DepEd Teachers

February 21-25, 2022 Via MS Teams

CONFIRMATION SHEET

Name	Position / Designation	Division	Email	Fb Account
'Add arrow if ne	ecessary)			
Submitted by:				
Name and Sig	gnature			
Date				
Approved by:				
Name and Sig	gnature			