



A Four-time Teacher-Parent

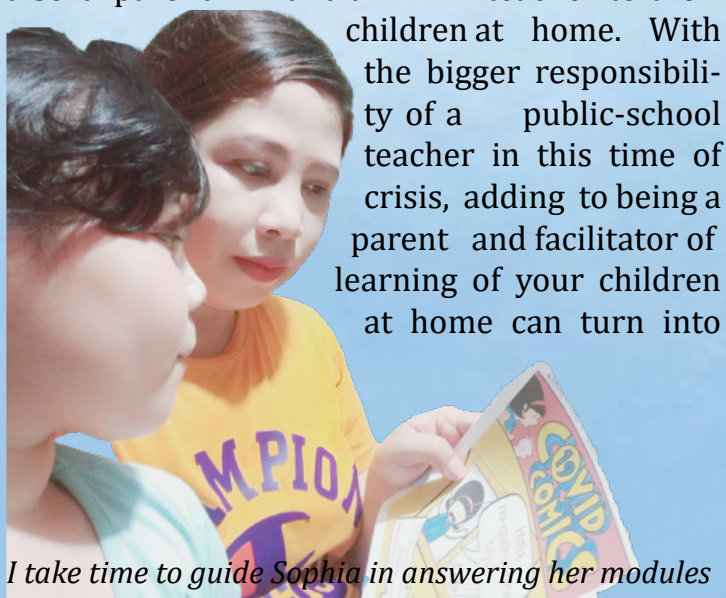
• Jeneffer D. Chung

“You’re lucky you are a teacher; you know how to handle your kids in the modular distance learning.”

This is one of the common utterances of parents I often hear with regards to assisting my children in modular learning, yet little did they know how I push through the day being a teacher to my students and teacher-mom to my own four kids. Well, I say, I am blessed to have children around me because I believe that children are gifts from God to people who deserve them.

However, no parent would say that being a parent is easy, especially in this time of global crisis where learning mostly happens at home.

Teacher-parent -- I coined the word to describe a professional teacher who is also a parent and a teacher to their children at home. With the bigger responsibility of a public-school teacher in this time of crisis, adding to being a parent and facilitator of learning of your children at home can turn into



I take time to guide Sophia in answering her modules



Jelo and I set up fancy mini store and let him take the cashier role to teach him the concept of addition and subtraction.

a horrible mess if you do not know how to handle the situation. I too have my share of pains and struggles just most teacher-parents have.

I manage doing all the multitasking jobs of being a teacher to my students, teacher-parent to my grade three, grade five, grade seven and grade nine all at the same time with much patience, hard work, faith and determination. Let me share with you how I do it. Here are some tips on how you can manage to be a teacher-parent.

Give your children a routine to follow.

Involve them in making their own rules and schedules. Post it to a place they can easily see to remind them of it. Make it clear to them the importance of following schedules at home so you would not waste time and energy, as well as you would not have to miss anything important. It is effective and efficient. When children know and follow their routine, it will be easier for them to finish the modules on time and give you enough time too to other important chores.

Delegate the task. You can ask your eldest child to assist the younger ones. Give each

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2020-2021

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child a task to do. You can be creative on this. You can ask them to choose which task they would love to do for a week or month.

Make your time worthwhile. Always think that your time with your children should be a memorable one that you will always treasure. Tutoring your children should not be strenuous nor arduous. It can be happy and enjoyable by injecting play and light conversations. Tell them stories of your own childhood experiences, and relate them with the characters in the story by using their name and the



When busy, I ask ate Sam to help little Jelo accomplish his schoolworks



My little boy plays with his educational toys

names of people around them. Make them laugh. Make every learning a life experience. Instead of teaching direct process of addition to kinder, set a make-believe store at home, role play buying and selling goods using addition.

Have open communication. You have to set an example of how to communicate with your children nicely and openly. Do not be scared to admit to them if you do not know the answers to all their queries, instead, learn together by telling them that you like to know it too. Another way is to have a “family meeting” whenever a conflict happens or whenever a rule was not followed. This is to give each of the children a chance to speak out and process their emotions making them feel more accepted than rejected.

Make every comment constructive. You can say “That is good but it could have been better if...” or “I like what you did, yet I prefer if you” This way it is less hurtful for children to hear, it appears to be suggestive rather than judgmental.

Be a role model. Walk your talk. If you impose rules make sure that you follow them yourself.

These are just a few things I do as a teacher-parent. I may not be the perfect one, but teacher-parenting is something I would always love to learn and embark on. Happy teacher-parenting to us all.



Kuya Jayven helps little Jelo with his spelling.

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