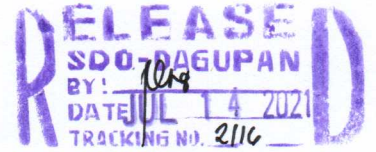




Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OFFICE DAGUPAN CITY



Office of the Schools Division Superintendent

Division Memorandum

No. 186 s. 2021

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
TLE Teachers and GPP Coordinators
All Others Concerned

From: **OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT**

Date: June 14, 2021

Subject: **DEMO FEST IN SURVIVAL COOKING AND TRASH ART CREATION**

1. Pursuant to Section 7 Presidential Decree 491, s. 1974 entitled *Nutrition Act of the Philippines*, the country shall celebrate National Nutrition Month every July, which shall be led by the National Nutrition Council (NNC), to promote the importance of proper nutrition among Filipinos. This year, the theme is "*Malnutrisyon Patuloy Na Labanan, First 1,000 Days Tutukan!*" to address malnutrition concerns starting at a young age.
2. In this regard, the Schools Division Office will conduct a **Virtual Demo in Survival Cooking and Trash Art Creation on July 27, 2021** and **Survival Cook-Off and Trash Art Challenge on July 30, 2021**. These activities aim to integrate Nutrition Education, Gulayan sa Paaralan Program (GPP), and Project Plant-eatable and Plant-Treatable in the Schools and Home (PiSH). Further, these aim to exhibit efficient use of school and home gardens in survival cooking as well as exemplify new-normal solutions while promoting zero waste and proper nutrition.
3. Expected participants to these activities are Technology and Livelihood Education (TLE) Teachers, GPP Teacher-Coordinators, PTA Officers/Members, and Learners.



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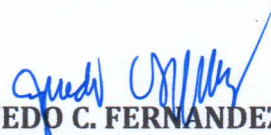

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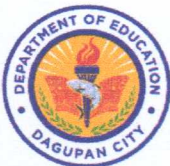
Office of the Schools Division Superintendent

4. For the Day 2 activity, participants are the following:
 - Eight (8) Junior High Schools
 - Eight (8) Senior High Schools
 - One (1) Elementary School from each Cluster

5. Day 2 participants are requested to pre-register using the link: <https://bit.ly/SDODagSurvivalCooking>. Please see attached *Enclosure 1* for the Mechanics on the Survival Cook-Off and Trash Art Challenge on Day 2. Participants shall strictly follow the minimum public health standards and health and safety protocols issued by the IATF.

6. Immediate and widest dissemination of this memorandum is desired.


AGUEDO C. FERNANDEZ, CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent 



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REGION I
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Office of the Schools Division Superintendent
(Enclosure 1)

SDO DAGUPAN NUTRITION MONTH ACTIVITIES 2021

Date	Activity	Participants	Objective
July 27, 2021	Virtual Demo in Survival Cooking and Trash Art Creation	Technology and Livelihood Education (TLE) Teachers, GPP Teacher-Coordinators, PTA Officers/Members, and Learners	Facilitators demonstrate how to do survival cooking and create art from leftovers/unused ingredients
July 30, 2021	Survival Cook-Off and Trash Art Challenge	Three participants per school composed of the following: 1 Teacher, 1 Parent, 1 Learner	Participants perform survival cooking and showcase their artwork from trash

Mechanics on Survival Cook-Off and Trash Art Challenge (July 30, 2021)

- Each participating school shall form a team composed of the following:
 - One (1) Teacher
 - One (1) Parent
 - One (1) Learner
- Each team shall pre-register using the link: <https://bit.ly/SDODagSurvivalCooking>.
- Each team shall participate in the Survival Cook-Off in the morning and Trash Art Challenge in the afternoon.
- The winners will receive certificates and tokens.
- The decision of the Board of Judges is final and non-appealable. All winning entries shall be the property of the SDO.

SURVIVAL COOK-OFF (AM)

- The Cook-Off will be done online and monitored via Google Meet for the entire duration of the event.
- Each team should derive at least 50% of their ingredients from their school/home gardens.
- Each team should prepare two (2) copies of the recipe of the dish that they will cook.



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- Each team shall be given one (1) hour to prepare two plates of their dish:
 - One (1) plate to be displayed online
 - One (1) plate to be sent to the judging venue
- After the time allotment for cooking, a representative from each school will deliver one plate to the designated venue for judging. A copy of the recipe will also be submitted to the judges.
- There will be one (1) winner each from the Elementary and Secondary School categories.

TRASH ART CHALLENGE (PM)

- The Trash Art Challenge will be done online and monitored via Google Meet for the entire duration of the event.
- Each team shall be given one (1) hour to gather all the scraps/leftover/unused ingredients from the cook-off to be converted into an artwork.
- After the time allotment for art making, the finished piece will be displayed in the participants' display area to be judged.
- There will be one (1) winner each from the Elementary and Secondary School categories.

Criteria for Survival Cook-Off

- Nutritional value – 30%
- Cost effectiveness – 30%
- Palatability – 30%
- Presentation – 10%

Criteria for Trash Art Challenge

- Originality – 10%
- Percentage of usage of waste – 40%
- Artistic quality (color, texture, creativity) – 50%



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