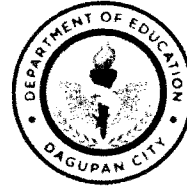
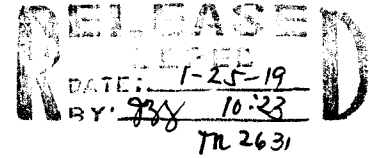




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DEPARTMENT OF EDUCATION
Region I
SCHOOLS DIVISION OFFICE
DAGUPAN CITY



Division Memorandum
No. 041 series 2019



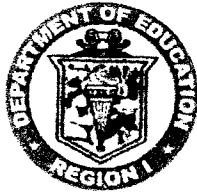
To: Assistant Schools Division Superintendent
Chiefs, CID & SGOD
Education Program Supervisors
Public Schools District Supervisors
Principals/School Heads of Public & Private Elementary/Secondary
Schools
DCSC Commissioners
DCAA Officers
Coaches, Trainers, Chaperons

From: Office of the Schools Division Superintendent

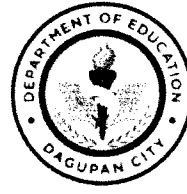
Subject: Training of Selected Athletes, Coaches and Trainers for the 2019
Region 1 Athletic Association (R1AA) Meet

Date: JANUARY 24, 2019


1. The 2019 Region 1 Athletic Association (R1AA) Meet will be hosted by the Province of Ilocos Norte and Division Office of Ilocos Norte. The activity is a fitting culmination of the Physical Education and Schools Sports Program as embodied in the K to 12 Curriculum and in compliance with the mandate set through Republic Act No. 10588, otherwise known as the Palarong Pambansa Act of 2013 or "An Act Institutionalizing the Palarong Pambansa and Appropriation Funds Therefore."
2. In our desire to prepare our athletes and teams to be more competitive physically and mentally, an intensive training is necessary to make our teams ready and prepared in chasing a dream to sports excellence, thus, the Dagupan City team shall start training immediately in the selected venues.
3. The start of training sessions shall be on January 28, 2019 at 8:00 AM in their assigned respective training venues. Training schedule is from January 28, 2019 to February 2, 2019, whole day.
4. The training shall be supervised and monitored by DCAA officers and Tournament Mangers who shall submit a Progress Report every five (5) days during the duration of the training to the Schools Division Superintendent through Mam Sheryl S. Villacorta, EPS in charge of MAPEH. The Dagupan City Sports Commision (DCSC) is requested to monitor the conduct of the trainings in the different venues.
5. All athletes shall have their medical-dental check-up and blood typing on scheduled dates that will be announced later.
6. The coaches/school heads shall accompany their athletes in the training venues and will be held responsible for them, likewise, all athletes shall submit their parents' consent before the conduct of the training.



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7. All coaches will have a meeting on January 25, 2019, 9:00AM at DCNHS Gym.
8. All school heads shall extend all necessary assistance, support and encouragement to all athletes, trainers, coaches and chaperons.
9. Participation of both public and private schools shall be subject to the no disruption of classes policy stipulated in DepEd Order No. 9, s. 2019 entitled "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance therewith."
10. Attendance to the R1AA and Palarong Pambansa as official delegates is recognized by the Department, thus, participating athletes during the duration of the training, shall be given ample support and that their grades shall not be adversely affected even while they are on travel to represent our Division in these higher meets. Regional Memorandum No. 3, s. 2016, Item No. 3 provides, "School Heads are advised to make the necessary arrangements to ensure that the participating athletes complete their required projects for the fourth grading period. Make-up activities shall be given to participating athletes to compensate the quizzes/tests missed during the competition in order to maintain or increase their ratings per learning area.
11. Please see attached schedule of training and final list of athletes/coaches/trainers/chaperons and monitoring officials for reference.
12. Immediate and wide dissemination of and strict compliance to this memorandum is desired.


DR. LORNA G. BUGAYONG, CESO VI
Schools Division Superintendent 



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LIST OF R1AA ATHLETES 2019

ELEMENTARY

BOYS

GIRLS

1. Fulay, Angelo David- VQZES
 2. Ramos, Mark Jayson- VQZES
 3. Ugaban, Nikko- VQZES
- Coach: Denero S. Matabang-VZQES**
Head Trainer: Joseph Solayo Jr.-DCSC

ARNIS

1. Duque, Robelyn V.-VQZES
 2. Gleponio, Marinela M.- VQZES
 3. Rubio, Jonnah Marie- VQZES
- Coach: Rowena Doria- VQZES**
Asst. Trainer: Jojo Pererras- DCSC

ATHLETICS

BOYS

GIRLS

1. Aquino, Stephen Marco- BBES
2. Cuison, Matt Cyrus- PLES
3. Dela Cruz, Juspen T.- NCES
4. De Vera, Nehemiah Jireh D.- PIS
5. Disor Jr., Reynante M.- BBES
6. Dulay, Isiah Ace U.- NCES
7. Gonzales, Rayven- Malued ES
8. Macalino, Jomel S.- BBES
9. Ragutana, Dwayne E.- PIS
10. Santos, Jayvee- Suit ES
11. Tugay, John Paul D.- Carael ES
12. Wong, Christian John T.- VQZES

Coaches: Arnel Mararac- BBES
Mayolinda De Vera- PIS
Carlo Cepeda- TES
Head Trainer: Jackson Dacanay- DCSC

1. Aquino, Ayessha Mae S. – PIS
 2. Bato, Jay-Ann P.- Caranglaan ES
 3. Cabucol, Johannes Faith- TES
 4. Calderon, Kyla Mae- TebengEs
 5. Ceralde, Joy Pauline M.- LFMES
 6. Columbino, Emely Rose- NCES
 7. Escosio, Villa Rose D.- PIS
 8. Florida, Mary Joyce V.- PIS
 9. Galasim, Jacquielyn B.- ECIS
 10. Lomboya, Lyka Jane L.- NCES
 11. Sison, Sharish Joy R.- PIS
 12. Solem, Shane Verly Ann C.- NCES
- Coaches: Raymond Arzadon- PGVES**
Johnny Sellado III-Tebeng ES
Cherry Cayabyab- PIS
Head Trainer: Lawrence Waytan - DCSC

BOYS

GIRLS

1. Llamas, Nathaniel O.- PUI
 2. Dioquino, Irish More- Bolosan ES
 3. Daroy, Jayvee James- Bolosan ES
 4. Uy, Maxime Reagan A.- PUI
- Coach: Fernando Lopez - Pogo**
Head Trainer: Jerald Cayabyab – DCSC

1. Gonzales, Carell Kate M.- PUI
 2. Mabajen, Ma. Estephanie P.- Pantal ES
 3. Caranto, Kaleah C.- LNU
 4. Soriano, Venice A.- Malued ES
- Coach: Teresita Bautista- Bolosan**
Head Trainer: Robert Amida- DCSC

BOYS

BASKETBALL

1. Payao, Jhunsyl -Wonderland
 2. Maramba, Warren- LFMES
 3. De Vera, Zedrick –BSES
 4. Marzan, Maunel Theodore
 5. Ramirez, John Rey
 6. Mararac, Jerickson Kyle-LFMES
- Head Coach: Jezreel Casipit- Wonderland**

7. Dalioan, Joshua -LES
 8. De Vera, Jerzam - Wonderland
 9. Viray, Keith Travis- Wonderland
 10. Remuto, Frank Junice-WCES1
 11. Tangonan, Dendrei-Wonderland
 12. Carrera, Jensen Russel -NCES
- Head Trainer: Jeffrey Vitales**

1. Adolfo, Danver Eliezer O.- BBES
 2. Cruz, Psalm Nhyine C.- ECIS
 3. Duran, Rexs Vincent V.- ECIS
 4. Erfe, Gerald E.- BBES
 5. Moreno, Ryan C.- BBES
 6. Obra, Ryan James B.- BBES
- Coach: Rodrigo N. Aguado Jr.- TARES**

BASEBALL

7. Perreras, Chris Justine P.- ECIS
 8. Prado, Richard E.- BBES
 9. Seco, Kian S.- BBES
 10. Serrano, Marlon R.- BBES
 11. Solis, John Rey V.- BBES
 12. Tubera, Johnelle Aron D.- BBES
- Asst. Coach: Danny S. Bato- BBES**



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**BOYS**

1. Fernandez, Paul Justine A.- ECIS
 2. Perioles, Prince Chales I.- Lucao ES
- Coach: Benedict Maramba -ECIS**
Head Trainer: German Francisco- DCSC
Assist.Trainer: Rogelio Mamaril - DCSC

CHESS**GIRLS**

1. Berdon, Ana Luisa M.- La Salette
 2. Estabillo, Corrine Angeline E.- La Marea
- Coach: Eduardo, Toledo- La Marea**
Chaperon: Sheryll Ann Cacho- Lucao

DANCE SPORT

1. Nabor, Cyrus John A.- WCES I
 2. Nabor, Maria Soria A.- WCES I
- Coach: Mary Jane Soriano-WCES I**

3. Aquino, Jeirus Ray C.- WCES I
 4. Soriano, Avril Daphney C.- WCES I
- Trainer: Rommel Tuliao**

FOOTBALL

1. Bolo, Jason S.- PantalES
2. Dela Torre, John Michael E.- PantalES
3. Rivera, Marck Tristan- PantalES
4. Paris, Arjan William M.- PantalES
5. Solayao, Rangei- PantalES
6. Abraham, Viven Youssef Shahein V.-EDNAS
7. Tandoc, Kristian Rafael B.- ECIS
8. Espeleta, James Elie T.- ECIS
9. Gallardo, Jayvie F.- ECIS
10. Aquino, Mark Patrick- La Salette

11. Espinosa, Nhyjel- ECIS
 12. Macapinlac, Ronald- ECIS
 13. Cañeja, Lawrence Jayson- ECIS
 14. Tidalgo, Earl-Northfield
 15. Calaguin, John Martin S.- Northfield
 16. Tolentino, Reynald- Northfield
 17. Ferrer, Reimiguel- Pantal ES
 18. Lopez, Justine- Pantal ES
- Coach: James Arenas - ECIS**
Head Trainer: Darwen D. Rejano- DCSC

WAG ELEMENTARY

1. Concepcion, Lara Faye- ECIS
 2. Fulay, JemimahKesiah- VQZES
 3. De Vera, RafiiShantelle- La Marea
- Coach: Christine Pascua- ECIS**
Trainer: Araceli Nimer- DCNHS

GYMNASTICS**RG Elementary**

1. De Guzman, Raily- PLES
 2. Concepcion, Lara Faith- PLES
 3. How, Madeline Isabel R.- MGSSSI
- Coach: Angela Cerezo- PLES**

MAG Elementary

1. Lunaria, Marvin- VQZES
 2. Tyrone, Mark- JCAI
 3. Navalta, Luke- JCAI
- Coach: Kimberly Sugue- JCAI**
Trainer: Roan Jett Fernandez- ECIS

Aerogymnastics

1. Robosa, Andrea Vemesa P.- Wonderland
 2. Meneses, Krstofferk N.- SJCS
 3. Esguerra, Beatrice Andrea- La Marea
- Coach: Shiella May T. De Vera- Wonderland**
Trainer: Carmela D. Bernal- DCNHS

JR. SEPAK TAKRAW

1. Espinoza, Jermaine Cris- ECIS
 2. Raga, Mico V.- ECIS
- Coach: Mirasol Prado- ECIS**

3. Reyes, Efres C.
 4. Gabriel, John Rein D.- Pantal ES
- Trainer: Chester Mark Malapit - DepEd**

SWIMMING**BOYS**

1. Casipit, Reuben Gerald- Dominican
2. Gaerlan, Matthew- Ednas School
3. Pasaoa, Henry Lander- Bacayao Sur ES
4. Pineda, John Lash- DISTRICT III
5. Espanillo, Jayven- WCES
6. Transfiguracion, NyrenDyniel- WCES
7. Macaraeg, Yael Zebastian- Ednas School
8. Romero, Charles Lindo- MGSSI
9. Tinaytinay, Josef- WCES

GIRLS

1. Garcia, Sophia Mae- LNU
2. BarozoGenevieve- La Marea Academy
3. Macanlalay, Meligia- La Marea Academy
4. Catapang, Julianna Elaine- Dominican School
5. Parado, Daphne- Lyceum Northwestern Univ
6. Marcaida, Shane Mae- GDPES
7. Lopez, Samantha- WCES I
8. Abalos, Franchesca- WCES I
9. Ramirez, Ramila- MGSSSI



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Coach: Elenita Cabotaje-WCES I
Head Trainer: Rodolfo Ocate Jr. – DCSC

10. Mislang, Lady Fiona-MGSSSI
Coach: Diona Lopez- WCES I

TABLE TENNIS

BOYS

1. Rosh Jayden Borja–Northfield
2. Carlo Franco Borromeo - FNCIS
3. Christian Mar Caralde- FNCIS
4. John Paul Bautista – LNU

Coach: Alfred Langit- La Marea
Head Trainer: Benedicto Jose Tirante - DCSC

GIRLS

1. Kween Esther Rigo–Pantal ES
2. Cerezo, Andrea Kate- SJCS
3. Perez, Ranielle Adrienne – La
4. Mecajellane Pinero – WCES I

Coach: Spiro Torres- Pantal ES

BOYS

1. Viray, Jerian Dwayne- Bolosan ES
2. Barbiran, Brian Carl- Bolosan ES
3. Soriano, Angelo Rynjie- Mamalingling ES
4. Romero, Cyrus Triton-Dominican
5. Romero, Chad Francis- Sabangan ES
6. Soriano, Kimi Raikonnen-UL

Coach: Yuri Rancudo– DWAD
Assist.Trainer: Conde, Jean Dhail -DCSC

TAEKWONDO

GIRLS

1. Caguioa, Khloe Czarina- DWAD
2. Santillan, Leanah Jillaine- MGSSSI
3. Pascual, Princess Sarah- WCES I
4. Morga, Casey Lyka F.- WCES I
5. Shi, Julie Anni-PUJ

Coach: Cristel MadelBugarin–Mamalingling ES
Head Trainer: Carlo Jose Daroya – DCSC

BOYS

1. Biason, Reynaldo Jr.- Bliss ES
2. Paras, Keven Charls- GDPES
3. Balolong, Kyle Xyrril M.- Sabangan ES
4. Centeno, Kyto P.- GDPES
5. Meneses, Justine Carlo- NCES
6. Espeleta, John Eli- ECIS
7. Marzan, Elpidio L.- NCES
8. Santos, Resty V. GDPES
9. Agcaoil, Emjay M.-GDPES
10. Resurrection, Aldeo Earl- Malued ES
11. Paras, Ronan S.- LFMES
12. Zabala, John Michael H- ECIS

Coach: Gilda Dela Cruz–LFMES
Asst. Coach: Jeffrey Ceralde
Trainer: Raymond G. Martinez

VOLLEYBALL

GIRLS

1. Arones, Stephanie R.- WCES I
2. Cruz, Abigaille B.- ECIS
3. Evangelista, Diana Crezel R.- Lucao ES
4. Fontanilla, Xianel P.- WCES I
5. Garcia, Julia D.- WCES I
6. Macaraeg, Bea Janelle R.- WCES I
7. Maramba, Allysa D.- BBES
8. Mendoza, Olivia P.-ECIS
9. Rosuello, Ellen Mae D.- WCES I
10. Serrano, Jamilla V.- WCES I
11. Serrano, Joannah Rose P.- Bliss ES
12. Velasco, Zyraine Mae D.- WCES I

Coach: Veronica Zabala – WCES
Asst. Coach: Ronna De Sola – Luaco ES
Trainer: Joemard Gomez

SECONDARY

ARCHERY

GIRLS

1. Ordonez, Ma. JezaniahKeilah- UL
2. Deloso, Janina - SAGS
3. Reyes, Princess Angela- JCCMI
4. Elcano, Angela Diane- DCNHS

Coach: Flor B. Valerio- SAGS
Head Trainer: Briane Jechrichi Acluba - DCSC

BOYS

1. Sua, Jared Cole- MGSSHS
2. Feliciano, Jason Emmanuel- Northfield Academy
3. Deloso, Paulo Miguel- SAGS
4. Maningding, Hero Emmanuel- SAGS

Coach: James Dustin S. Coson- Northfield
Head Trainer: Jeffrey Bosales– DCSC

ARNIS

Secondary Girls

1. Dela Cruz, Angela- DCNHS
2. Domondon, Christine Joy- DCNHS
3. Ibanez, Danica- DCNHS

Secondary Boys

1. Caballero, Peter Paul- UL
2. Cabanlit, Jay Andy- DCNHS
3. Dasig, Vince Leonard- DCNHS



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4. Macam, Melquizedick-DCNHS
 5. Macaraeg, Paul Anthony- DCNHS
- Coach: Renelyn Cerina- DCNHS**

4. Oxino, Bianca- DCNHS
 5. Saingan, Camille- DCNHS
- Coach: Mary ZandyCeralde- DCNHS**

BOYS

1. Estrada, Mark Raniel- PIS
2. Llevado, Rennel- BBNHS
3. Velasquez, David King- PIS
4. Narvasa, Clarence-UL
5. Infante, Robic S.- St. Michael
6. Biay, Reynaldo- BBNHS
7. Due, Billy Joe- BBNHS
8. Paras, JB- BBNHS
9. Ungria, C-Jay-PIS
10. Mejia, Christian- DCNHS
11. Marzan, Carlo-UL
12. Salazar, Bob- St. Michael
13. Victorio, Prince Alnezz G.- PIS
14. Gutierrez, Jeremy- DCNHS
15. Paras, Jay- Ar- JJDVTVSS

Coaches: Jaime Nicomedes- PIS
Allan De Vera- PIS

Trainer: Romy O. De Guzman- DepEd

BOYS

1. Alejandrino, Vince Alejson V.- PUI
2. Alpay, Ryan Zachary M.- La Marea
3. Bacani, Vincent Ryan- DCNHS
4. Suyat, Mark Andrian R.- DCNHS

Coach: Xyze Princess Estrada
Head Trainer: Jerald Cayabyab- DCSC
Assist. Trainer : Mathew Reyes- DCSC

BOYS

1. Bautista, John Paul-LNU
2. Bustillo, Lenard-DCNHS
3. Casupanan, John Patrick-PAMMA
4. De Guzman, John Carlo-SAGS
5. De Vera, Wendell Neil-SAGS
6. Gacusana, Israel-SAGS
7. Panlilio, Ralph Angelo-PAMMA
8. Pinto, Dean Carlos-SAGS
9. Rillorta, Juwan-PAMMA
10. Rosete, Reymark-PAMMA
11. Solomon, Michael Angelo-LNU
12. Zarate, John Carlo-DCNHS

Coach: Michael Puzon-PAMMA
Head Trainer: Arthur Jose Ang-DCSC
Assist. Trainer: Jeffrey Vitales-DCSC

BOYS

1. Bantilan, John Cedrick- LNU
2. Muñoz, Jerald-SJCS
3. Nogoy, Antonio Miguel- LNU

ATHLETICS

GIRLS

1. Ramadan, Susan- BBNHS
2. Bravo, Charisse- UL
3. Ragutana, Candice- PIS
4. Soriano, Remelyn- BBNHS
5. Dao, Mary Joy- BBNHS
6. Infante, Rhedlyn- DCNHS
7. Pepito, Ma. Glemheir- BBNHS
8. Perez, Kharyle- UPANG
9. Carpio, Ameron- La Salette
10. Dabucol, Wendy- PIS
11. Capinpin, Kristine- St. Michael
12. De Vera, Theresa- SJCS
13. Villa, Barbie Lynch- BBNHS
14. Gamboa, Maureen- PIS
15. Paras, Kristine- JJDVTVSS

Coaches: Francis B. Mararac - BBNHS

Chaperone: Sheila May C. Noriega – BBNHS

Head Trainer: Roland M. Canta - DCSC

BADMINTON

GIRLS

1. Reyes, Sofia Margaret- JCAI
2. Callanta, Mayumi M.- Oakridge
3. Erguiza, Blessed D.- DCNHS
4. Sinen, Kyla Henezzy T.-UPANG

Coach: Zenaida Bautista

Asst. Trainer: Robert Amida- DCSC

BASKETBALL

GIRLS

1. Abella, Tiffanly -SJCS
2. Brito, Arriane –PUI
3. Camangeg, Feonna Kisha- SAGS
4. Catres, Regimay-SJCS
5. Clores, Kasandra-SAGS
6. De Guzman, Renalyn-SJCS
7. De Vera, Jane- UL
8. Delos Santos, Rose Marie-SAGS
9. Manuel, Jennifer-UL
10. Reside, Reiyne Ylle-JJDVTVSS
11. Tojo, Carla-BBNHS
12. Zarate, Kimberly-SAGS

Coach: Albert Galvan- SAGS

Chaperon: Lovely Maramba-JJDVTVSS

3 ON 3

GIRLS

1. Cabuyao, Ramilyn-JJDVTVSS
2. Cayabyab, Dominique- SJCS
3. De Venecia, Nicole- JJDVTVSS



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4. Ober, Manuel Andrey-DCNHS
Coach: Edwin Aque- SJCS

4. Espanol, Samantha Nicole-JJDVTVSS
Coach: Crisanto Aquino-JJDVTVSS

1. Zabala, Jefferson- UPANG
 2. Laudit, Arnel- DCNHS
 3. Tubera, Larry- DCNHS
 4. Martinez, Darren- ECIS
 5. Ferrer, Gilbert- BBNHS
 6. Biay, Edrian Pet- BBNHS
Coach: Kenneth Carl Llamas- ECIS
Trainer: Bill Molano

BASEBALL

7. Padilla, Jonas- BBNHS
 8. Salazar, Lawrence- BBNHS
 9. Seco, Kurt Ivan- BBNHS
 10. Rosario, Zander- BBNHS
 11. Aquino, Charlie- BBNHS
 12. Villare, Cedrick Kennedy- BBNHS
Assist. Coach: Japeth F. Dela Cruz- BBNHS

BOYS GIRLS

1. Pacio, Denmark- JJDVSTVSS
 2. Guevarra, Mark - CNHS
Coach: Jethru Yao – JJDVSTVSS
Trainer: Janis Ivan E. Palaganas - DCNHS

BILLIARDS

1. Ubando, Rosario- BBNHS
 2. Ubando, Myla - BBNHS
Coach: Gerard Pio Estrada - BBNHS
Chaperone: MelyndaEscosio - CNHS

1. De Gracia, Jhym's Adrian- DCNHS
 2. Valdez, Michael- DCNHS
 3. Imboscado, Miko- DCNHS
 4. Zulueta, Jhumits- LNU
 5. Decano, Philip Guiller- DCNHS
Head Trainers: Isidro Vicera-DCSC
Assist. Trainer : Antonio Somintac- DCSC

BOXING

6. Zulueta, Mark Bryan- DCNHS
 7. Decano, Eherson- DCNHS
 8. Logan, Jordan-UL
Coach: Antonio Bato- DCNHS
Assist. Trainer: Emeterio Ibañes Jr. - DCSC

SECONDARY BOYS

1. Bravo, John Rhuiz- La Salette
 2. Berdon, Luis Andrew - La Salette
Coach: Robetha Fe De La Cruz - LA SALETTE

CHESS

SECONDARY GIRLS

1. Salinas, Kim- St. John's Cathedral School
 2. Geraldine Kate Cercado - LNU-SHS
Coach:Gemma De Guzman – SJCS

1. Villanueva, Russell Ray F.- DCNHS
 2. Soriano, Ma. Evangelic D.- La Marea
Coach: Jordz Aljune Fernandez- DCNHS

DANCE SPORT

3. Cayago, Juvan D.- DCNHS
 4. Sayson, Cyrelle Kate L.- DCNHS
Head Trainer: Roberto Aliguin Jr.- DCSC

1. Garcia, LM- FNCIS
 2. Arcenas, Ryan- FNCIS
 3. Aquino, Carlos- FNCIS
 4. Perdonio, Ronan- FNCIS
 5. Nakar, Arissi- FNCIS
 6. Razo, Christian- FNCIS
 7. Quibote, Owen Von- ECIS
 8. Dela Cruz, Philip Andrey- DCNHS
 9. Gomez, Alexander- DCNHS
Coach: Efren Rosario- DCNHS

FOOTBALL

10. Gutierrez, Jason- DCNHS
 11. Braganza, Andre James- DCNHS
 12. Edades, Eliam T.- La Salette
 13. Wapson, Ron- SAGS
 14. Paras, Joshua Louise- BBNHS
 15. Ruelan, John Rey- BBNHS
 16. Biason, Rodolfo- BBNHS
 17. Garcia, Angelo- BBNHS
 18. Miriado, Charles Winston- BBNHS
Assist. Coach: Teddy Cayabyab - PAMMA

1. Edades, Ma. Isabel- La Salette
 2. Callejo, PhaulineRacel- La Salette
 3. Braganza, Ezekielle Anne- La Salette
 4. Aroza, Francine Mae- La Salette

FUTSAL

7. Soriano, Bea- ECIS
 8. Matedios, Yvonne- MGSSI
 9. Alipio, Ashley- Northfield
 10. Abellera, Micahaella- FNCIS



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5. Guillen, Reywena Angela-La Salette
 6. Nacpil, Althea Jamaica- La Salette
Coach: Rona Escano- La Salette
Head Trainer : Ambrosio Edades Jr.

11. Casilang, Jennifer- BBNHS
 12. Estras Leonora-BBNHS
Assist.Trainer: Mel Fernandez- DCSC

WAG SECONDARY

1. Basa, Sherie Hazell- SAGS
 2. Julian, Patricia Louise- DCNHS
 3. Cayabyab, Kriselda- DCNHS
Coach: Jun Ferreol-DCNHS
Head Trainer: Jhonny Romualdo - DCSC

GYMNASTICS

MAG Secondary

1. Ramos, Bryan Jay- ECIS
 2. Palisoc, John Elarie- JJDVTVSS
 3. Gemino, John Michael- JJDVSTVSS
Coach: William Morga- JJDVTVSS
Head Trainer: Ricky Diaz- DCSC

RG Secondary

1. Zoleta, ReynMarly R.- SJCS
 2. Esteves, Raquel- DCNHS
 3. Diaz, Jeisel Maine- SAGS
Coach: Lowell D. Estrada- SJCS
Trainer: Vicky Soriano- VQZES

Aerogymnastics

1. Mamaril, Jurisse- SAGS
 2. Rosal, Ronallysa Cora Julia- Northfield
 3. Planos, MichFaisah- DCNHS
 4. Christian Carlos-DCNHS
Coach: Alyssa Mae Jugo- DCNHS

BOYS

1. Celeste, John Michael B.- DCNHS
 2. Gumabo, Johannes Paolo M. – BBNHS
 3. Bernardez, Benedic M.- BBNHS
Head Trainer:Mark Andrew Manantan, DCSC

PENCAK SILAT

4. Saplan, Jestine Grace S. - UL
 5. Rosal, Franchesca Mae B.- UPANG
Coach: Larry M. Bautista – WEST I

1. Amador, Achris- BBNHS
 2. Balolong, Austin Royce- BBNHS
 3. Banez, Tony Abraham R.-BBNHS
 4. Besa Cruz, Ruszkin B.- BBNHS
 5. Frianeza, Eduardo- BBNHS
 6. Landingin, Romero- BBNHS
Coach:FilemonRivo

SEPAK TAKRAW (BOYS)

7. Manuel, Allan- BBNHS
 8. Mejia, Timothy John C.-BBNHS
 9. Santos, John Dominic L.- BBNHS
 10. Vidal, Isaac M.- BBNHS
 11. Yao, Geronimo V.- SJCS
 12. De Guzman, Gerald-ECIS
Trainer: Immanuel T. Tinio

1. Rivera, Aleena Lei – BBNHS
 2. Cornel, Raven Rizza- BBNHS
 3. Alban, Camila- PIS
Coach: John Cave- PIS

SEPAK TAKRAW (GIRLS)

4. Escosio, Lux Mae- PIS
 5. Potente, Jean- BBNHS

Chaperon: Jianne Branzuela- BBNHS

1. Ballesteros, Rafaela V.- BBNHS
 2. Baloran, Mary An Joy D.- BBNHS
 3. Catalan, Monica G.- CNHS
 4. Ferrer, Mary Grace I.- BBNHS
 5. Clata, Norby Ann- BBNHS
 6. Soriano, Casey Mae E.-CNHS
Coach: Cecillie L. Estrada – BBNHS

SOFTBALL

7. Hendina, Danielle Kim M.- ECIS
 8. Lacambra, Cindy M.- ECIS
 9. Lalugan, Terrie Mae-BBNHS
 10. Ora, Sarah Rosario Z.- BBNHS
 11. Ramos, Angela D.- BBNHS
 12. Santiago, Khrizzel I.- ECIS
Asst. Coach: Marian Arzadon- ECIS

SWIMMING

BOYS
 1. Jessie Casipit Jr. – LNU
 2. Anthony Palfrey- UL
 3. John KarloCarulla- DCNHS
 4. Omar Dacurong- Lyceum Northwestern Univ.
 5. Sean Iverson Fabiana- La Salette

GIRLS
 1. Jessiely Grace Umali- Genesis School
 2. Janelle Alisa Lin- Genesis School
 3. Angela Palfrey- UL
 4. Ma. Jesse Lou Cacapit- LNU
 5. Sophia Vera- La Marea Academy



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6. Mark Bryan Rioflorido –LNU
 7. Conrado Gaerlan III- Ednas School
 8. Hans Lyle Pasaoa- La Salette
 9. John Patrick Villacorta- La Salette
 10. Gleen Marinas- DCNHS
- Coach: Frederick Narvas - DCNHS**
Trainer: Jefferson Lao - DCSC

6. Mari Alexie Adriano- La Salette School
 7. Leticia Macanlalay- La Marea Academy
 8. Hannah Zabala–La Marea Academy
 9. Jenesiesly Joy Umali- La Salette
 10. Krisma Marinas- DCNHS
- Coach: Leonora Fernandez - DCNHS**

TABLE TENNIS

BOYS

1. Go Cheng, Rafael – PUI
 2. Estimada, Estephen – SAGS
 3. Miranda, Robert – SAGS
 4. Requizo, Angelito– DCNHS
- Coach: Francis Micu- FNCIS**
Head Trainer: Agustn Marvin Ancheta-DCSC

GIRLS

1. Villa, Julie Ann – ECIS
 2. Agustin, Angel– SJCS
 3. de Vera, Juliebeth– DCNHS
 4. Ramos, Jian – La Marea
- Coach: Christine Aspirin- SJCS**

BOYS

1. Juguilon, Jake Luiz- ECIS
 2. Narciso, Emanuelle- UL
 3. Elcano, Dynz Lystr-UL
 4. Santos, Arman Jay-DCNHS
 5. Cancino, John Lloyd-DCNHS
 6. Dela Cruz, Fritz Jerald-UL
 7. Cancino, Ronzjie-SAGS
 8. Viray, Krist Ivan- UL
 9. Bautista III, Abraham- Kingfisher
- Coach: Mark Wilson Fernandez-DCNHS**

TAEKWONDO

GIRLS

1. Miranda, Jean Ara- SAGS
 2. Calaguin, Aizel Jea- MGSSSI
 3. Perez, Allana Francine- SJCS
 4. Lopez, Leicah Mae- UL
 5. Fabroa, Mikhaella Adellyne- SAGS
 6. De Guzman, Ma. Althea- UL
 7. Austria, Destin Gel- UL
 8. Doria, Tresha Keanna- Kingfisher
 9. Claveria, Katrina Corrine - MGSSSI
 10. Morga, Crystel Anne -DCNHS
- Coach: Maria Lolita F. Morga- DCNHS**

BOYS

1. Aquino, Clifford Jan G.- BBNHS
 2. Gabat, Emmanuel- DCNHS
 3. Generao, Bernald M.-SJCS
 4. Lopez, Joey Jr. C.- BBNHS
 5. Meneses, Victor Q.
 6. Pagarigan, Rey- LNU
 7. Pasac, Rolando Jr. F.-BBNHS
 8. Paulino, Laurence L.- BBNHS
 9. Raguindin, David Joshua B.
 10. Raquel, Reven-LNU
 11. Reyes, Normando-LNU
 12. Zarate, Christiam Matt- PIS
- Coach: Edward U. Guieb- BBNHS**
Asst. Coach: Russl F. Bugayong- LNU

VOLLEYBALL

GIRLS

1. Turqueza, Princess Aira- UL
 2. Abalos, Tricia- UL
 3. Ambrosio, Jessica- UL
 4. Pertudo, Vynette- UL
 5. Pedral, Pamela B.-UPANG
 6. Lazo, Trexie Ann P.- BBNHS
 7. Clata, Angel Mae- BBNHS
 8. Embuido, Jamaica- DCNHS
 9. Ambeguia, Amanda E.- SNHS
 10. Roy, Regena- CNHS
 11. Tan, Shane- CNHS
 12. Jonson, Frances Margaret- DWAD
- Coach: Soriano, Romina- UL**
Asst. Coach: Soy, Mark Cristian- UPANG

BOYS

1. Villasor, CrenzLhar R.- BBNHS
2. Biay, Raymond C.- BBNHS
3. Paras, Christopher L.- BBNHS
4. Dulnuan, Arnel G.- FNCIS
5. Maramba, Procopio G.- FNCIS
6. Tadeo, Ramil- FNCIS
7. Santos, Stephen- La Salette
8. De Vera, Christian Marc-FNCIS

WRESTLING

GIRLS

1. Espanol, Jeannie D.- BBNHS
2. De Vera, Jellan N.- FNCIS
3. Gomez, Maria- BBNHS
4. Tamayo, Lyra T.- BBNHS
5. Juguilon, MarikLieber Dawn P.- FNCIS
6. Raon, Angelica B.- BBNHS
7. Salanga, Jonalyn L.- FNCIS
8. Ceralde, Paula Jeanne P.- BBNHS



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Coach: Allan Jay Daligidig – BBNHS
Head Trainer: Ponceja, Feren Lester- DCSC

Coaches: Elijah Paragas– FNCIS
Chaperon: Veran, Marijoy C.- DCNHS

BOYS

1. Melendez, Andrie- BBNHS
 2. Corteza, Ivann Bryan- BBNHS
 3. Manalo, Allan- BBNHS
 4. Rodas, Jericho- BBNHS
 5. Dalioan, Christian Sajic
- Coach: Maridel Villanueva-BBNS**
Head Trainer: Ismael Corton III – DCSC

WUSHU

GIRLS

1. Montecillo, Joice Ann- DCNHS
 2. Arandia, Patricia Ann- LNU
 3. Manalo, Alyssa Grace- BBNHS
 4. Callanta, Reishan- DCNHS
- Coach: Rheven Castro- DCNHS**
Chaperon: Babylyn Cervantes- LNU



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SCHEDULE OF TRAINING / TRAINING VENUES / SELECTION & MONITORING OFFICIALS

SPORTS EVENT	MONITORING OFFICIALS	DAY	TIME	VENUE
Archery	Dominic Velasco Liduvina Antonio	MON TUES-SAT	1:00PM- 5:00PM 9:00AM- 4:00PM	LUCAO VACANT LOT
Arnis	Paulita Maneclang Liduvina Antonio	MON-FRIDAY SATURDAY	8:00AM-5:00 PM 8:00AM-4:00PM	Aksyon Radyo Building
Athletics Elem.	Salomi Cancino Oliver Ferrer	MWFS TTH	7:00AM- 5:00PM 8:00AM- 5:00PM	Narciso Lingayen, Astrodome (Outside) BBES
Athletics Sec.	Romy De Guzman Oliver Ferrer	MWFS TTH	8:00AM-5:00PM 7:00AM- 12:00NN	Narciso Lingayen BBES
Badminton	Zenaida Bautista Jane Cajayon	MON- FRI (Elem&Sec)	1:00pm- 8:00pm	Astrodome
Basketball	Valeriano Escosio Renato Benitez	MON- FRIDAY	Sec Boys 5:00AM-8:00AM Sec Girls 8:00AM- 10:00AM Elem Boys 10:00AM- 12:00NN	Astrodome
Baseball	Renato Benitez	MWF (ELEM) TTHS (HS)	8:00-5:00	BBES
Billiard	Janis Ivan Palaganas Jane Cajayon	MON- FRIDAY	1:00PM- 4:00PM	CSI City Mall
Boxing	Rommel Salazar	MON- SAT	6:00AM-9:00AM 5:00PM- 7:00PM	Teen Center
Chess	Dante Ubando	MWF TTH SAT	8:00AM- 12:00NN 1:00PM- 5:00PM 9:00AM-12:00NN	Teen Center/City Library
Dance Sport	Agape Nabua	MON-SAT	8:00AM-5:00PM	Teen Center
Football	Rommel Salazar	MON- SAT MON- FRI SAT	ELEM. 4:30AM- 7:30AM 1:00PM- 5:00PM SEC. 6:00AM- 10:00AM 1:00PM- 5:00PM 8:00AM- 12:00NN	PANTAL/ ECIS-ELEM BBES-HS
Futsal	George Casilang Jane Cajayon	MON- FRI SAT	SEC. 6:00- 10:00AM 1:00- 5:00PM 8:00- 12:00NN	BBES-HS
Gymnastics (WAG (RG))	Agape Nabua	MON- SUN	8:00AM- 12:00NN 1:00PM- 5:00PM	Astrodome



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(MAG) Aerogymnastics			6:30PM- 8:30PM	
PencakSilat	Agape Nabua	M-W-F TTH	1:00-5:00 PM 6:00-8:00 PM	WCES I WadoRyuHom bo Dojo Besides Robetech (Perez Blvd.)
SepakTakraw	Sheryl Villacorta	M-F	8:00-5:00 PM	BBNHS
Jr. SepakTakraw	Sheryl Villacorta	M-F	8:00-5:00 PM	ECIS
Softball	Cecillie Estrada Renato Benitez	MON-SAT	8:00-5:00 PM	BBES
Swimming	Joaquin Reyes Sheryl Villacorta	MON-SAT	6:00AM- 9:00AM 4:00PM- 7:30PM	Poolside
Table Tennis	WidmarkBalmores Rommel Salazar	MON,TUE,WE,FRI THURSDAY	10:00AM-12:00NN 1:00PM- 4:00PM 1:00PM- 5:00PM	Astrodome
Taekwondo	Oliver Ferrer	JAN. 28-FEB. 1 (MON-FRI) Feb. 4-23 (MWF) (TTH) FEB. 24- MAR. 1 (MON -FRI)	7:00AM- 5:00PM 1:00pm- 6:00pm 6:00AM- 11:00AM 7:00AM- 5:00PM	Tourism Center
Volleyball	Jun Agas Oliver Ferrer	MON-SAT	8:00-5:00 PM	WCES I (Elem. Girls) NCES (Elem. Boys) BBNHS (Sec. Boys) DCNHS/ UL(Sec. Girls)
Wrestling	Kevin Balmores Dante Ubando	MON- FRI	8:00AM- 5:00PM	BBES
Wushu	Marlene Mina Dante Ubando	MON- SAT	8:00AM- 4:00PM	Tourism Center