

Republic of the Philippines  
DEPARTMENT OF EDUCATION  
Region I  
SCHOOLS DIVISION OFFICE  
DAGUPAN CITY



DIVISION MEMORANDUM NO. 321, s. 2018

**RELEASED**  
DEFER  
DATE: 10-19-18  
BY: [Signature]  
IN # 2060

**To** : Assistant Schools Division Superintendent  
Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors  
Public Elementary and Secondary School Heads  
All Others Concerned

**From** : Office of the Schools Division Superintendent

**Subject** : **PADUNUNGAN 2019**

**Date** : October 18, 2018

The Schools Division Office, in partnership with the University of the Philippines Subol Society, is encouraging all public elementary and high schools to participate in the **2019 Padunungan** competition which will be held on **January 3 to 4, 2019** at the **Narciso Ramos Sports and Civic Center, Lingayen, Pangasinan**.

Participating schools are requested to submit their list of participants to the School Governance and Operations Division or at [yfddagupan@gmail.com](mailto:yfddagupan@gmail.com).

For further details, please refer to attached letter and guidelines.

Widest dissemination of this memorandum is desired.

*[Signature]*  
**LORNA G. BUGAYONG, Ph.D., CESO VI**  
Schools Division Superintendent *[Signature]*



# University of the Philippines SUBOL SOCIETY

UP SUBOL SOCIETY | UP SUBOL SOCIETY  
DILIMAN CHAPTER | BAGUIO CHAPTER  
Member of National  
Association of UNESCO  
Clubs in the Philippines

**EXECUTIVE COMMITTEE  
ACADEMIC YEAR 2018-2019**

## BAGUIO CHAPTER

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PRESIDENT**

**KATHLEEN JOY SISON  
VICE PRESIDENT**

**JOHANNA CALIMLIM  
SOCIO-CULTURAL COMMITTEE  
HEAD**

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**MOSES VISPERAS  
SOCIO-CULTURAL COMMITTEE  
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**ZENAIDA BAOANAN, PH. D.  
FACULTY ADVISER, UPSS BAGUIO**

**VINA PAZ, PH. D.  
FACULTY ADVISER, UPSS DILIMAN**

subolsociety.up@gmail.com

www.facebook.com/UPSSPadu

0956 880 2294

**DR. LORNA G. BUGAYONG**  
Schools Division Superintendent  
Dagupan City

Dear Dr. Bugayong:

Greetings!

The UP Subol Society (UPSS), established in 1975, is a non-stock, non-profit university-based organization of Pangasinan students in the University of the Philippines. Bound by our Pangasinan roots, it stands as a pool of the brightest minds with a common goal of rendering service to our homeland and an avenue of meaningful student interactions in addressing issues with social relevance.

We believe in the potential and passion of the Pangasinan youth. Hence, we would like to bridge our advocacy of advancing societal consciousness to our dear *adings* in both elementary and high school levels through hosting the annual clash of talents and wits, *Padunungan*.

Now on its 39<sup>th</sup> year, *Padunungan 2019* will unfold on January 3 to 4, 2019 at the Narciso Ramos Sports and Civic Center (NRSCC) in Lingayen, Pangasinan with the theme "ANCHOR: Strengthening Pangasinan identity in the midst of fast development." Furthermore, the two-day event aims to:

1. Inculcate deeper and better appreciation, preservation, and promotion of the Pangasinan culture, history, language, literature, tourism, and among others;
2. Develop critical minds, compassionate hearts, and active selves among the Pangasinan youth amid this period of fast development;
3. Give rise to alternative platforms where our young *kabaleyan*s can confidently show and hone their skills in different fields within and beyond the circle of academics;
4. Highlight characters of patience, respect, resilience, and growth among the Pangasinan youth through the different learning-oriented contests; and
5. Foster healthy connections and friendships among the participants through sportsmanship and unity in competitions.

In line with this, we ask with earnestness your support as we continue to render service to our province. We are requesting your good office to be our partner institution by endorsing *Padunungan 2019* to all public and private schools under the jurisdiction of Dagupan City Division which will help us widen our reach for our advocacy.

Through your assistance, we hope to achieve new horizons as this will surely be integral in promulgating our goals of service to more Pangasinan people who are the very reason of our existence as an organization in UP.

Attached herewith are the necessary documents pertinent to the event.

We are optimistic that you will look favorably upon our request and help continue in communicating the grandeur of the intellectual, artistic, and cultural richness of Pangasinan.

May your support be rewarded a hundredfold.

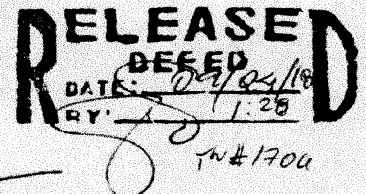
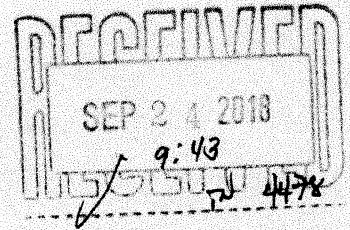
In the service to Pangasinan,

**ROYCE VINCENT PEREZ**  
President  
Diliman Chapter

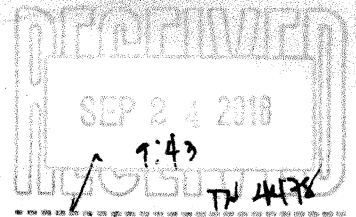
**MOSES VISPERAS**  
Socio-Cultural Committee Head  
Diliman Chapter

**JANLIE BRUNO**  
President  
Baguio Chapter

**JOHANNA CALIMLIM**  
Socio-Cultural Committee Head  
Baguio Chapter

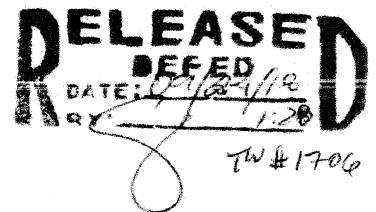


# University of the Philippines SUBOL SOCIETY



## GENERAL GUIDELINES: ELEMENTARY

1. No registration fee shall be charged from the participants of the PADUNUNGAN 2019. Delegates' heads, however, are advised to send a written certification from the school head containing the names, grade level, and the contest of the participating students at **subolsociety.up@gmail.com** on or before DECEMBER 10, 2018. Those who were not able to send a certification are allowed to submit it on the day of the event.
2. Confirmation of participation is highly encouraged in order to secure slots in the contests. Interested schools must indicate which contests they will join so that the organizers will predict the logistic needs of each contest beforehand.
3. **Walk-in participants are highly discouraged** because they will be given a less priority status in terms of available facilities and supplies (i.e. tables and chairs for the quiz show, cartolina for poster making, and the like). In addition, **walk-in participants are no longer allowed to join the FOLK DANCE COMPETITION.**
4. Upon the registration, the coaches or the accompanying teachers should provide a complete printed list of their participants with the contest of the students including the name of their school and coaches for a more convenient flow of registration.
  - a. Only ONE (1) coach will be recognized per contest.
  - b. Only ONE (1) certificate (i.e. certificate for participation) will be given to the coach recognized per contest.
5. The participating students should bring their current and valid school I.D. for verification purposes.
6. Expect heavy traffic; therefore, all participants are advised to come early. **Late comers shall not be allowed to join their respective contest/s once it has already started.**



# University of the Philippines **SUBOL SOCIETY**

## **GROUP INTER-CAMPUS QUIZSHOW 23.0 [CODE: EIQ]**

1. Participating schools should only have **one group** for an entry.
2. The group must be composed of **four members** (three grade 6 pupils and one grade 5 pupil).
3. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
4. Questions will be taken from these areas: **Mathematics, Science, History and Geography, Civics and Culture, English and Literature, General Information, Current Events, and Pangasinan Trivia – literature.**
  - a. Current Events questions will be based from events that transpired from January 2018 to December 2018.
5. Participating schools are not required to prepare questions as **ALL questions will be prepared by the organization.**
6. The **use of electronic gadgets** such as music players, calculators, tablets and mobile phones **during the contest is strictly prohibited** and can be ground for the group's disqualification.
7. There are three difficulty rounds in this quiz show: the EASY round worth 10 points, AVERAGE round worth 15 points, and DIFFICULT round worth 20 points.
8. Tie after the rounds will be resolved by Clincher questions. In this round, sudden death system will be utilized wherein the first group who scores ahead of other group/s will take the contested mark.
9. **Only complete answers will merit a credit.** Incomplete answers shall be considered wrong answers unless deemed as acceptable by the panelists, after referring to reliable sources. In addition, wrong spelling of answer is wrong but alternate spellings are accepted provided they have reliable and credible sources and evidence.
10. In case of disputes, coaches and contestants must present their source materials (e.g. textbooks, clippings and journals with complete bibliographical citations) for verification, clarification, and consideration of answers. Printed materials from the internet as source will not be honored if it was taken in blogs and wiki sites like Wikipedia unless taken from official websites that are to be verified by the panelists.
11. Answering boards, chalks, erasers, and scrap sheets will be provided by the organization.
  - a. Students can use their own pens and pencils provided that the materials are checked by designated proctor(s) prior the start of contest proper.
12. **Parents, coaches, faculty, advisers, and supporters are prohibited to go near the contest area once the quiz show proper has started.** There will be an allotted space or area for the parents, coaches, faculty, advisers, and supporters.
13. Protests regarding a particular question will be entertained only before the next question is read. Once the next question is read, no protest regarding the previous question will be entertained.
14. The top three groups with the highest score will be declared as Champion and Runners-up respectively.
15. Panelist's decision is **FINAL AND IRREVOCABLE.**

# University of the Philippines SUBOL SOCIETY

## ON-THE-SPOT ESSAY WRITING - ENGLISH CONTEST 11.0 [CODE: EEW]

1. Participating schools should only have **one entry**. The contestant may come from grade four (4), five (5) or six (6).
2. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
3. Contestants are strongly advised to get familiarized with current events and issues in the country.
4. **English will be used as the medium**. Essays must be **at least two hundred (200) words** (articles such as 'a', 'an' and 'the' do not count as words). Entries that fail to meet the minimum word count will automatically be disqualified.
5. The theme will be given on the contest proper.
6. Contestants shall be given **three (3) hours** to write their essays.
7. Writing sheets will be provided. Participants must bring and use **black-inked pen** in writing their entries.
8. Any form of cheating, plagiarism, falsification of document is considered academic dishonesty and a grave violation. **Any transgression against academic honesty, especially plagiarism, will automatically lead to disqualification.**
9. The contestant may not alter his or her entry once it has been submitted to the facilitator of the contest.
10. The numbering system of the entries will depend on the order in which they were submitted.
11. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
12. **All essays will be treated through blind judging**, meaning the identity of the authors shall be held anonymous by the proctors during the judging process.
13. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
14. Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

CONTENT (relevance to the theme, analysis)	50%
FORM AND STYLE (grammar, craftsmanship, organization)	40%
OVERALL IMPRESSION (judges' final prognosis and personal reaction)	10%
	<hr/>
	100%

# University of the Philippines SUBOL SOCIETY

## ON-THE-SPOT ESSAY WRITING - FILIPINO CONTEST 11.0 [CODE: EFW]

1. Participating schools should only have **one entry**. The contestant may come from grade four (4), five (5) or six (6).
2. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
3. Contestants are strongly advised to get familiarized with current events and issues in the country.
4. **Filipino will be used as the medium**. Essays must be **at least two hundred (200) words** (articles such as 'ang', 'mga' and 'ng' do not count as words). Entries that fail to meet the minimum word count will automatically be disqualified.
5. The theme will be given on the contest proper.
6. Contestants shall be given **three (3) hours** to write their essays.
7. Writing sheets will be provided. Participants must bring and use **black-inked pen** in writing their entries.
8. Any form of cheating, plagiarism, falsification of document is considered academic dishonesty and a grave violation. **Any transgression against academic honesty, especially plagiarism, will automatically lead to disqualification.**
9. The contestant may not alter his or her entry once it has been submitted to the facilitator of the contest.
10. The numbering system of the entries will depend on the order in which they were submitted.
11. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
12. All essays will be treated through blind judging, meaning the identity of the authors shall be held anonymous by the proctors during the judging process.
13. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
14. Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

CONTENT (relevance to the theme, analysis)	50%
FORM AND STYLE (grammar, craftsmanship, organization)	40%
OVERALL IMPRESSION (judges' final prognosis and personal reaction)	10%
	100%

# University of the Philippines **SUBOL SOCIETY**

## **ON-THE-SPOT POSTER MAKING CONTEST 16.0 [CODE: EPM]**

1. Participating schools should only have **one entry**. The contestant may come from grade four (4), five (5) or six (6).
2. The posters shall be done on a one-fourth sized cartolina paper to be provided by the proctors. **ONLY OIL PASTELS** are allowed to be used as coloring materials and the participants may use pencil for the initial sketch of the poster. There is no prescribed maximum or minimum number of shades to be used.
3. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
4. The theme will be given on the contest day.
5. Contestants shall be given **two (2) hours** to finish their piece.
6. Participants shall bring and use their own coloring materials. **Borrowing of materials from their co-contestants is strictly prohibited.**
7. The contestant may not alter his or her entry once it has been submitted to the facilitator of the contest.
8. The numbering system of the entries will depend on the order in which they were submitted.
9. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
10. All entries will be treated through blind judging, meaning the identity of the artist shall be held anonymous by the proctors during the judging process.
11. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
12. Judges' decision is **FINAL AND IRREVOCABLE.**

### **CRITERIA FOR JUDGING:**

RELEVANCE TO THE THEME	40%
ARTISTRY (creativity, style, originality)	60%
	<hr/>
	100%

# University of the Philippines SUBOL SOCIETY

## POEM RECITAL CONTEST 4.0 [CODE: EPR]

1. Participating schools should only have **one entry**. The contestant must be in the fourth or fifth grade.
2. Violation of any of the mechanics of this competition is subject to automatic disqualification from the competition.
3. The contestants should render their own interpretation of the piece given by the UP Subol Society. **Say Bilay Telek-a-telek** by Leonarda "Amor Cico" Carrera will be the piece used by all contestants
4. All contestants will be assigned with contest numbers through drawing of lots.
5. Contestants shall recite and interpret the memorized poem live onstage. A microphone/lapel mic shall/shall not be provided by the event organizers.
6. Contestants are allowed to wear any semi-formal attire. Shorts and school uniforms are **NOT ALLOWED**. Failure to meet the said guideline means 10% deduction from the contestant's total score.
7. Contestants are **NOT ALLOWED** to bring and use props while performing. Music, lighting design and background accompaniment are likewise prohibited. Violation of this guideline means 10% deduction from the contestant's total score.
8. Actual delivery of the poem **shall not exceed five (5) minutes**. Failure to comply with the given requirement renders the contestant a score deduction of one point or a fraction thereof per 10 seconds of extension. Timer will start once the contestant already said his/her first word.
9. In order to guide the speakers, time cards of the remaining minutes shall be flashed at certain parts of the performance.
10. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
11. The top three contestants with the highest score will be declared as Champion and Runners-up respectively.
12. Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

INTERPRETATION (appropriateness of mimic and gestures, verbal and non-verbal elements)	35%
DELIVERY (audience contact, voice and speech elements)	30%
MASTERY	25%
STAGE PRESENCE	<u>10%</u>
	100%



University of the Philippines  
**SUBOL SOCIETY**

**PANGASINAN SINGING CONTEST 3.0 [CODE: EPS]**

1. Participating schools should only have **one contestant** who must be in the fifth or sixth grade.
2. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
3. Each participant shall render his or her own choice of song written in Pangasinan. The songs may not be limited to the following: **Insyong, Agac la Manesia, Dalem na Dayat, Inar-arò Taka, Bituen fan Dua, and Liwaway Bulan.**
  - a. Due to the common use of the song, contestants are restricted from singing **Malinac Lay Labi** and will demerit 10 points if so. Contestants are encouraged to opt for other Pangasinan songs.
4. Songs that are originally written in other languages and are merely translated to Pangasinan shall not be allowed and will result to 10-point deduction.
5. All participants will be assigned with contest numbers through drawing of lots on the day of the contest.
6. Participants are allowed to wear any semi-formal attire. Shorts and school uniforms are **NOT** allowed. A 10-point deduction from the total score will be merited to the participant/s who will not meet this guideline.
7. Actual song shall not exceed **five (5) minutes**. A 5-point deduction from the total score will be merited to the participant/s that will exceed to the allowed competing time.
8. The participants should provide their own minus-one copy of the music in **an audio CD only** which must be submitted upon the registration. Prepare a back-up for untoward cases of hardware malfunction.
9. The participants are **NOT allowed to bring props while performing** and **NOT allowed to use light design and background accompaniment**. A 10-point deduction from the total score will be merited to the participant/s who will not meet this guideline.
10. Parents, coaches, faculty, advisers, and supporters are prohibited to go near the contest area once the contest proper has started.
11. The top three contestants with the highest score will be declared as Champion and Runners-up respectively.
12. The Judges' decision is **FINAL AND IRREVOCABLE**.

**CRITERIA FOR JUDGING:**

TONE AND VOICE QUALITY	40 %
SONG CHOICE	20 %
DELIVERY	20 %
STAGE PRESENCE	<u>10 %</u>
	100%

University of the Philippines  
**SUBOL SOCIETY**

**PANGASINAN FOLK DANCE COMPETITION 4.0 [CODE: EFD]**

1. Participating schools should only have **one group** per entry.
2. The group must be composed of four (4) to six (6) pairs of pupils from grades 4 to 6.
3. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
4. To maximize accommodation, only those schools that confirmed their participation in this contest on or before DECEMBER 10, 2018 will be admitted on the contest day.  
**Walk-in groups shall NOT be given slots.**
  - a. Each group will be assigned with contest numbers through drawing of lots on the day of the contest.
5. Participating groups must perform/interpret **a Pangasinan skilled folk dance**, with their own choice of Filipino folk music. The folk dance may not be limited to the following: **Sayaw ed Tapew na Bangko, Binasuan, Binislakan, and Oasioas.**
6. Participating groups must also submit a short-description of the folk dance chosen at **subolsociety.up@gmail.com**. Groups may submit only until the 10th minute prior the start of the said competition. A 3-point deduction from the total score will be merited to a group/s that will fail to do so.
7. The actual presentation is strictly **minimum of four (4) minutes and maximum of six (6) minutes** which includes the entrance and exit of the participants and props.
8. The **time starts** on the **first move to be made by the participants** as part of their presentation **IF THERE ARE NO** props to be entered in the performing area **OR** on the **first props to be entered in the performing area** by the coach/es.
9. A 5-point deduction from the total score will be merited to a group/s that will exceed to the allowed competing time.
10. Costumes, props, and music are to be provided by the participants.
11. Utilization of bulky props/implements to be used during the presentation is **HIGHLY DISCOURAGED** to avoid consumption of too much time in setting-up and retrieval.
12. Flammable things or any toxic substances are **RESTRICTED** to be used as effects of the presentation to avoid any risks.
13. **The music piece must be burned in an audio CD only** which will be submitted upon the registration. Prepare a back-up for untoward cases of hardware malfunction.
14. When a participant is injured, the injured participant should stop performing so that the organizers will give him or her proper treatment about the injury he or she acquired.
15. Participation in the event is entirely at the participants' own risk. Choreographies that may harm the participants or the audience are not endorsed by the organizers and will not be reflected favorably in the scoring.
16. Any untoward or misconduct gestures demonstrated by the participants or any supporters of the participants which may cause delay or tension in the flow of the competition is charged to disqualification of the group.
17. The top three groups will be declared as Champion and Runners-up respectively.
18. The Judges' decision is **FINAL AND IRREVOCABLE**.

University of the Philippines  
**SUBOL SOCIETY**

**CRITERIA FOR JUDGING (FOLKDANCE):**

CHOREOGRAPHY AND INTERPRETATION	40 %
SYNCHRONIZATION	35 %
USE OF COSTUME AND PROPS	15%
OVER-ALL IMPACT	<u>10 %</u>
	100 %

**Say Bilay Telek-a-telek**

nen Leonarda "Amor Cico" Carrera

Singa kogup labat ya dinmalan  
Sayan sarkanangneng kon marikit  
Diad entablado, diman akatalindeg  
Singa labat karuman  
Ugaw yan melag  
Diad taklay ko sankabenbenan

Punas punasan koy luad matak diad panimaton ko  
Marekep ya discurso to  
Diad impangawat toy asumpal ton kurso  
Maung yan impangulo lawir tod bait to  
Ya anggapo lad diking ko

Nen sayan ugaw et inyanak  
Na ina ton saksakey kon ilalak  
Masiadoy panangaro day ateng to  
Agda amtay gawaen dan pangasikaso  
Anggaman wala kamin bai tan lakin  
Sipaparaan ya ontulong edd pankaukulan to.

Makapaliket so mantabin na apon peket peket  
Diad saoty na pantalon ko lima toy akapuliwes  
Bangta anengneng toak lann akapales siber siber "milaak lolo"-  
Agontonday kablit to  
Tekep na angob diad lupak ya anggan piligis lay napno

Binmaleg yan ugaw ya sobran makarinyo  
No manregalo lanang ibaga to  
Say ginawan card o burdadon panyoto  
"Labor of love" so tatak to  
Mantalapu diad puso to  
Makakaimis, lakap, angob so katekep to

Masiadoy piasalamat kod Katawan  
Ta panangaroy apok atawayan  
Tua may kuandan  
Alay samit no "tubo ed paunan"  
Lalot maunor tan magalang  
Napnoy pusok na liket ya agnasabsabaan

Balet sinmabit panaon  
Apon marikit diad sikarniy abirbiran

Napno paga so pagew ed pankebiew  
Makalakal kasiy balolakin nalmon kapisagay pagew?  
Aburido ak lato mei ed saray ateng  
Ninunot kon balolakiy kilatisen

Lolo agkayo mapaga  
Ta apo yoy inararok labas nen laman ko  
No antoy panag-asikaso yod sikato  
bipan kon palumbasan ko  
Aroen ko diad utel na puso  
Icargak ed pidistal  
Anggad sampot na bilay ko.

Naulit lamet so telek na mundo  
Ta onia met so aliknak  
Nen anako so diad altar itulor ko  
Mapaga nen diman so isio ko  
Ta anak kon alenleneg tan inararo  
Et sananey tan fooy kaiba to.

Balet say panaon agmo napatonda  
Sabien ton sabien so sayn bekta  
Say anak agnayarin isinger ed sapey  
Walay bukor ton bilay  
Karian nepeg senger okbaren  
Nunot moy isabiy panaon  
No sika lay alaey ipapatay  
Pakaskasiy apon nataynan  
No anggapoy katigliwa tod bilay

# University of the Philippines SUBOL SOCIETY

## GENERAL GUIDELINES: HIGH SCHOOL

1. No registration fee shall be charged from the participants of the PADUNUNGAN 2019. Delegates' heads, however, are advised to send a written certification from the school head containing the names, grade level, and the contest of the participating students at **subolsociety.up@gmail.com** on or before DECEMBER 10, 2018. Those who were not able to send a certification are allowed to submit it on the day of the event.
2. Confirmation of participation is highly encouraged in order to secure slots in the contests. Interested schools must indicate which contests they will join so that the organizers will predict the logistic needs of each contest beforehand.
3. **Walk-in participants are highly discouraged** because they will be given a less priority status in terms of available facilities and supplies (i.e. tables and chairs for the quiz show, cartolina for poster making, and the like). In addition, **walk-in participants are no longer allowed to join the SABAYANG PAGBIGKAS COMPETITION.**
4. Upon the registration, the coaches or the accompanying teachers should provide a complete printed list of their participants with the contest of the students including the name of their school and coaches for a more convenient flow of registration.
  - a. Only ONE (1) coach will be recognized per contest.
  - b. Only ONE (1) certificate (i.e. Certificate for Participation) will be given to the coach recognized per contest.
5. The participating students should bring their current and valid school I.D. for verification purposes.
6. Expect heavy traffic, therefore, all participants are advised to come early. **Late comers shall not be allowed to join their respective contest/s once it has already started.**

# University of the Philippines SUBOL SOCIETY

## GROUP INTER-CAMPUS QUIZSHOW 36.0 [CODE: HIQ]

1. Participating schools should only have **one group** for an entry.
2. The group must be composed of **four members** with three grade 10 students and one grade 9 student.
3. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
4. Questions will be taken from these areas: **Mathematics, Science, History, Economics, English and Literature, General Information, and Current Events.**
  - a. Current Events questions will be based from events that transpired from January 2018 to December 2018.
5. Participating schools are not required to prepare questions as **ALL questions will be prepared by the organization.**
6. The **use of electronic gadgets** such as music players, calculators, tablets and mobile phones **during the contest is strictly prohibited** and can be ground for the group's disqualification.
7. There are three difficulty rounds in this quiz show: the EASY round worth 10 points, AVERAGE round worth 15 points, and DIFFICULT round worth 20 points.
8. Tie after the rounds will be resolved by Clincher questions. In this round, sudden death system will be utilized wherein the first group who scores ahead of other group/s will take the contested mark.
9. **Only complete answers will merit a credit.** Incomplete answers shall be considered wrong answers unless deemed as acceptable by the panelists, after referring to reliable sources. In addition, wrong spelling of answer is wrong but alternate spellings are accepted provided they have reliable and credible sources and evidence.
10. In case of disputes, coaches and contestants must present their source materials (e.g. textbooks, clippings and journals with complete bibliographical citations) for verification, clarification, and consideration of answers. Printed materials from the internet as source will not be honored if it was taken in blogs and wiki sites like Wikipedia unless taken from official websites that are to be verified by the panelists.
11. Answering boards, chalks, erasers, and scrap sheets will be provided by the organization.
  - a. Students can use their own pens and pencils provided that the materials are checked by designated proctor(s) prior the start of contest proper.
12. **Parents, coaches, faculty, advisers, and supporters are prohibited to go near the contest area once the quiz show proper has started.** There will be an allotted space or area for the parents, coaches, faculty, advisers, and supporters.
13. Protests regarding a particular question will be entertained only before the next question is read. Once the next question is read, no protest regarding the previous question will be entertained.
14. The top three groups with the highest score will be declared as Champion and Runners-up respectively.
15. Panelist's decision is **FINAL AND IRREVOCABLE.**

# University of the Philippines SUBOL SOCIETY

## MIXED CAMPUS QUIZSHOW 36.0 [CODE: HMQ]

1. All participating groups shall be composed of **four members**.
2. The organization will **RANDOMLY** select and assign the members of each group using the list of participants in the **GROUP INTER-CAMPUS QUIZ SHOW**.
3. The questions will be anything about **Pangasinan**, such as but not limited to, literature, history, current events, and general information.
4. Participating schools are not required to prepare questions as **ALL questions will be prepared by the organization**.
5. The **use of electronic gadgets** such as music players, calculators, tablets and mobile phones **during the contest is strictly prohibited** and can be ground for the group's disqualification.
6. There will be a total of **thirty (30) questions** to be asked in this quiz show regardless of their specific level of difficulty such as easy, average, and difficult and each question is worth **ten (10) points**.
7. Tie after the rounds will be resolved by Clincher questions. In this round, sudden death system will be utilized wherein the first group who scores ahead of other group/s will take the contested mark.
8. **Only complete answers will merit a credit**. Incomplete answers shall be considered wrong answers unless deemed as acceptable by the panelists, after referring to reliable sources. In addition, wrong spelling of answer is wrong but alternate spellings are accepted provided they have reliable and credible sources and evidence.
9. In case of disputes, coaches and contestants must present their source materials (e.g. textbooks, clippings and journals with complete bibliographical citations) for verification, clarification, and consideration of answers. Printed materials from the internet as source will not be honored if it was taken in blogs and wiki sites like Wikipedia unless taken from official websites that are to be verified by the panelists.
10. Answering boards, chalks, erasers, and scrap sheets will be provided by the organization.
11. **Parents, coaches, faculty, advisers, and supporters are prohibited to go near the contest area once the quiz show proper has started**. There will be an allotted space or area for the parents, coaches, faculty, advisers, and supporters.
12. Protests regarding a particular question will be entertained only before the next question is read. Once the next question is read, no protest regarding the previous question will be entertained.
13. The top three groups with the highest score will be declared as Champion and Runners-up respectively.
14. Panelist's decision is **FINAL AND IRREVOCABLE**.



# University of the Philippines SUBOL SOCIETY

## ON-THE-SPOT ESSAY WRITING CONTEST 13.0 [CODE: HEW]

1. Participating schools should only have **one entry**. The contestant may come from Grade 7-10.
2. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
3. Contestants are strongly advised to get familiarized with current events and issues in the country.
4. **English will be used as the medium**. Essays must be **at least two hundred (200) words** (articles such as 'a', 'an' and 'the' do not count as words). Entries that fail to meet the minimum word count will automatically be disqualified.
5. The theme will be given on the contest proper.
6. Contestants shall be given **three (3) hours** to write their essays.
7. Writing sheets will be provided. Participants must bring and use **black-inked pen** in writing their entries.
8. Any form of cheating, plagiarism, falsification of document is considered academic dishonesty and a grave violation. **Any transgression against academic honesty, especially plagiarism, will automatically lead to disqualification.**
9. The contestant may not alter his or her entry once it has been submitted to the facilitator of the contest.
10. The numbering system of the entries will depend on the order in which they were submitted.
11. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
12. All essays will be treated through blind judging, meaning the identity of the authors shall be held anonymous by the proctors during the judging process.
13. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
14. Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

CONTENT (relevance to the theme, analysis)	50%
FORM AND STYLE (grammar, craftsmanship, organization)	40%
OVERALL IMPRESSION (judges' final prognosis and personal reaction)	10%
	<hr/> 100%

# University of the Philippines SUBOL SOCIETY

## ON-THE-SPOT PANGASINAN WRITING CONTEST 13.0 [CODE: HPE]

1. Participating schools should only have **one entry**. The contestant may come from Grades 7-10.
2. **Pangasinan will be used as the medium**. Essays must be **at least two hundred (200) words** (articles such as 'a', 'an' and 'the' do not count as words). Entries that fail to meet the minimum word count will automatically be disqualified.
3. The theme will be given on the contest proper.
4. Contestants shall be given **three (3) hours** to conceptualize and write their essays.
5. Writing sheets will be provided. Participants must bring and use **black-inked pen** in writing their entries.
6. Any form of cheating, plagiarism, falsification of document is considered academic dishonesty and a grave violation. **Any transgression against academic honesty, especially plagiarism, will automatically lead to disqualification.**
7. The contestant may not alter his or her entry once it has been submitted to the facilitator of the contest.
8. The numbering system of the entries will depend on the order in which they were submitted.
9. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
10. All essays will be treated through blind judging, meaning the identity of the authors shall be held anonymous by the proctors during the judging process.
11. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
12. Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

CONTENT (relevance to the theme, analysis)	50%
FORM AND STYLE (grammar, craftsmanship, organization)	40%
OVERALL IMPRESSION (judges' final prognosis and personal reaction)	10%
	<hr/>
	100%

# University of the Philippines **SUBOL SOCIETY**

## **ON-THE-SPOT POEM WRITING - FILIPINO CONTEST 11.0 [CODE: HPW]**

13. Participating schools should only have **one contestant**. The contestant may come from Grades 7-10.
1. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
2. **Filipino** will be used as the **medium of writing the poem**.
3. There is **NO** required length of lines, stanzas, and number of words in writing the poem.
4. Any style of writing is welcome.
5. The theme will be given on the contest proper.
6. Contestants have **two (2) hours** to write their poems.
7. The contestants are required to bring their **black-ink ballpen** in writing their entries in a sheet of paper provided by the organization.
8. The contestants may not alter their entry once it has been submitted to the facilitators of the contest.
9. The numbering system of the entries will depend on the order in which they were submitted.
10. **All poems will be treated through blind judging** which means that the identity of the contestants shall be held anonymous by the proctors during the judging process.
11. Any form of cheating, plagiarism, falsification of document is considered academic dishonesty and a grave violation. **Any transgression against academic honesty, especially plagiarism, will automatically lead to disqualification.**
12. Parents, coaches, faculty, advisers, and supporters are prohibited to go near the contest area once the contest proper has started.
13. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
14. The Judges' decision is **FINAL AND IRREVOCABLE**.

### **CRITERIA FOR JUDGING:**

CREATIVITY AND STYLE (craftsmanship, originality)	50 %
RELEVANCE TO THE THEME	30 %
CONTENT AND IDEAS (clarity of imagery and language)	20 %
	<hr/>
	100 %

# University of the Philippines SUBOL SOCIETY

## EXTEMPORANEOUS SPEAKING CONTEST - PANGASINAN 8.0 [CODE: HEP]

1. Participating schools should only have **one contestant** that may come from Grades 7-10.
2. Contestants are allowed to wear any **semi-formal attire**. Shorts and school uniforms are not allowed. Failure to meet the said guideline means 10-point deduction from the contestant's total score.
3. The contestants will use **Pangasinan** as a medium in speaking.
4. All contestants will be assigned with contest numbers through drawing of lots on the day of the contest.
5. The topic shall be given to each contestant **five (5) minutes** before his/her turn.
6. The contestants will be given a **minimum of five (5) minutes** and a **maximum of seven (7) minutes** to deliver his/her ideas. A five-point deduction from the total score will be merited to the contestant/s that will not reach or exceed the allowed competing time.
7. The time will start when the contestant has started speaking.
8. Time cards of the remaining minutes shall be flashed at the fifth (5<sup>th</sup>) minute, sixth (6<sup>th</sup>) minute, and seventh (7<sup>th</sup>) minute of the delivery of ideas in order to guide the contestants.
9. Parents, coaches, faculty, advisers, and supporters are prohibited to go near the contest area once the contest proper has started.
10. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
11. The Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

CONTENT AND RELEVANCE	40 %
ORGANIZATION OF IDEAS	25 %
DELIVERY (pronunciation, fluency, voice projection, conviction)	25%
STAGE PRESENCE	<u>10 %</u>
	100 %

# University of the Philippines SUBOL SOCIETY

## EXTEMPORANEOUS SPEAKING CONTEST - ILOCANO 8.0 [CODE: HEI]

1. Participating schools should only have one contestant that may come from Grades 7-10.
2. Contestants are allowed to wear any **semi-formal attire**. Shorts and school uniforms are not allowed. Failure to meet the said guideline means 10-point deduction from the contestant's total score.
3. The contestants will use **Ilocano** as a medium in speaking.
4. All contestants will be assigned with contest numbers through drawing of lots on the day of the contest.
5. The topic shall be given to each contestant **five (5) minutes** before his/her turn.
6. The contestants will be given a **minimum of five (5) minutes** and a **maximum of seven (7) minutes** to deliver his/her ideas. A five-point deduction from the total score will be merited to the contestant/s that will not reach or exceed the allowed competing time.
7. The time will start when the contestant has started speaking.
8. Time cards of the remaining minutes shall be flashed at the fifth (5<sup>th</sup>) minute, sixth (6<sup>th</sup>) minute, and seventh (7<sup>th</sup>) minute of the delivery of ideas in order to guide the contestants.
9. Parents, coaches, faculty, advisers, and supporters are prohibited to go near the contest area once the contest proper has started.
10. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
11. The Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

CONTENT AND RELEVANCE	40 %
ORGANIZATION OF IDEAS	25 %
DELIVERY (pronunciation, fluency, voice projection, conviction)	25%
STAGE PRESENCE	<u>10 %</u>
	100 %

# University of the Philippines SUBOL SOCIETY

## EXTEMPORANEOUS SPEAKING CONTEST - ENGLISH 8.0 [CODE: HEE]

1. Participating schools should only have **one contestant** that may come from Grades 11-12.
2. Contestants are allowed to wear any **semi-formal attire**. Shorts and school uniforms are not allowed. Failure to meet the said guideline means 10-point deduction from the contestant's total score.
3. The contestants **will use English** as a medium in speaking.
4. All contestants **will be assigned with contest numbers** through drawing of lots on the day of the contest.
5. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
6. The topic shall be given to each contestant **five (5) minutes** before his/her turn.
7. The contestant **will be given a minimum of five (5) minutes and a maximum of seven (7) minutes** to deliver his/her ideas. A five-point deduction from the total score **will be merited** to the contestant/s that **will not reach or exceed the allowed competing time**.
8. Timer **will start** once the contestant has started speaking.
9. Time cards of the remaining minutes shall be flashed at the fifth (5<sup>th</sup>) minute, sixth (6<sup>th</sup>) minute, and seventh (7<sup>th</sup>) minute of the delivery of ideas in order to guide the contestants.
10. The top three contestants with the highest scores **will be declared as Champion and Runners-up respectively**.
11. Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

CONTENT AND RELEVANCE	40 %
ORGANIZATION OF IDEAS	25 %
DELIVERY (pronunciation, fluency, voice projection, conviction)	25%
STAGE PRESENCE	<u>10 %</u>
	100 %

# University of the Philippines SUBOL SOCIETY

## ON-THE-SPOT POSTER CUM SLOGAN MAKING CONTEST 16.0 [CODE: HPM]

1. Participating schools should only have **one entry**. The contestant may come from Grade 7-10.
2. The posters shall be done on a one-fourth sized cartolina paper to be provided by the proctors. **ONLY OIL PASTELS** are allowed to be used as coloring materials and the participants may use pencil for the initial sketch of the poster. There is no prescribed maximum or minimum number of shades to be used. The slogan however must contain 7-12 words only. Articles such as 'a', 'an', and 'the' are not counted as words. Violation of this rule automatically leads to disqualification.
3. Violation of any of the aforementioned mechanics of this competition is subject to automatic disqualification from the competition.
4. The theme will be given on the contest day.
5. Contestants shall be given **two (2) hours** to finish their piece.
6. Participants shall bring and use their own coloring materials. **Borrowing of materials from their co-contestants is strictly prohibited.**
7. The contestant may not alter his or her entry once it has been submitted to the facilitator of the contest.
8. The numbering system of the entries will depend on the order in which they were submitted.
9. Parents, coaches, faculty and advisers are prohibited to go near the contest area once the contest proper has started.
10. All entries will be treated through blind judging, meaning the identity of the artist shall be held anonymous by the proctors during the judging process.
11. The top three contestants with the highest scores will be declared as Champion and Runners-up respectively.
12. Judges' decision is **FINAL AND IRREVOCABLE.**

### CRITERIA FOR JUDGING:

RELEVANCE TO THE THEME	40%
ARTISTRY (creativity, style, originality)	60%
	<hr/>
	100%

# University of the Philippines SUBOL SOCIETY

## SABAYANG PAGBIGKAS COMPETITION 3.0 [CODE: HSP]

1. Participating schools should only have **one group per entry**. The group must be composed of **20-30** students from Grades 7-10.
2. To maximize accommodation, only those schools that confirmed participation in this contest on or before DECEMBER 10, 2018 will be admitted on the contest day. **Walk-in groups shall NOT be given slots.**
3. Each group will be assigned with contest numbers through drawing of lots.
4. The participants should render their own interpretation of the piece given by the UP Subol Society. **KULTURA: Ang Pamana ng Nakaraan, Regalo ng Kasalukuyan at Buhay ng Kinabukasan** by **Pat V. Villafuerte** be the piece used for all participating schools.
5. Participants are allowed to wear costumes, as a part of their interpretation of the piece. Costumes and props are to be provided by the participants. Props that are flammable in nature or may cause any injury to the participants, audience, judges and organizers are **STRICTLY PROHIBITED**.
6. Each group will be given a **minimum of eight (8) minutes and a maximum of twelve (12) minutes** performance time. Groups that will exceed the allowed competing time will receive a deduction of a point or fraction thereof from their final score for every 10 seconds of extension.
7. Timer shall start after the first word of the piece or the first choreographed movement, whichever comes first, and shall end upon their exit.
8. Participating groups are expected to clean any props used and leave the stage as it was prior presentation. A 3-point deduction from the total score will be merited to the group/s who will not meet this guideline.
9. Live accompaniment is allowed.
10. When a participant is detected as bleeding, has an open wound or burn, or has excessive amount of blood on the floor, or on the costume, the participant must stop performing at once to receive proper treatment.
11. Top three performing groups will be declared champion and runners up, respectively.
12. Judges' decision is **FINAL AND IRREVOCABLE**.

### CRITERIA FOR JUDGING:

INTERPRETATION	40%
CHOREOGRAPHY	30%
COSTUME AND PROPS	20%
OVER-ALL IMPACT	<u>10%</u>
	100%



**KULTURA: Ang Pamana ng Nakaraan, Regalo ng Kasalukuyan at  
Buhay ng Kinabukasan**

ni Pat V. Villafuerte

**NOON**, ang bawat paghakbang ay isang pagtatunton,  
isang pagtahak sa matuwid na landas upang marating ang paroroonan  
gaano man ito kalapit, gaano man ito kalayo  
gaano man ito kakitid, gaano man ito kalawak  
kaunti man o marami ang mga paang humahakbang  
mabagal man o mabilis, pahintu-hinto man o tuloy-tuloy  
ang bawat paghakbang ay may patutunguhan.  
ang bawat paghakbang ay may mararating.  
ang bawat paghakbang ay may pagsasakatuparan.

hindi na mabilang ang paghakbang na naganap sa ating kasaysayan  
paghakbang na pinuhunan ng pawis, dugo at luha  
paghakbang na kinamulatan ng maraming pagsubok,  
pangamba at panganib  
mula pa sa panahon ng kawalang-malay  
hanggang sa panahon ng walang humpay na pananakop,  
digmaan at kasarinlan  
at hanggang sa kontemporaryong panahon ng makinasyon  
sumibol ang kayraming kulturang sinangkutsa sa ating diwa't kamalayan  
kulturang may ritmo ng pag-awit, may kislot ng pagsayaw,  
may haplos ng pag-aalay, may lambing ng panunuyo  
at tangis ng pamamaalam.  
ito ang ating tinalunton, ito ang bunga ng ating paghakbang:  
ang kulturang ipinamana sa atin ng nakaraan.

**NGAYON**, sa panahon ng pagkamulat at maraming pagbabago,  
binhing nakatanim ang maraming kulturang  
nag-uumapaw sa ating diwa  
nagbabanyos sa ating damdamin  
nag-aakyat sa ating kaluluwa  
sinubok ng maraming taon  
inalay sa mga bagong sibol ng panahon  
anumang kulay, anumang lahi, anumang edad, anumang kasarian  
ang kultura'y pinayayabong  
nang may halong sigla at tuwa,  
nang may kasalong pagsubok at paghamon  
kulturang sinusuyod ng kapuri-puring ugali at marangal na kilos  
kulturang inihahain ng pagsamba't prusisyon  
kulturang sinasalamin ang pasko't pistang-boyan

# University of the Philippines SUBOL SOCIETY

kulturang pinaaawit ng pasyon at pagsasabuhay ng Poon  
kulturang patuloy na sumisibol at ipinapupunta ng tradisyon:  
pampamilya, pang-eskuwela, pampolitika, panrehiyon at pambansa  
na dinilig ng maraming pagpapaalala, paggabay at patnubay  
at pinayaman ng makukulay na karanasan  
kulturang inihain at tinanggap, sinunod at isinakatuparan  
ito ang regalo ng kultura  
regalo ng kasalukuyan.

**BUKAS**, ang kulturang itinudla ng nakaraan  
at iniregalo ng kasalukuyan ay bubuhayin ng kinabukasan  
at mananatiling repleksyon ng kabutihan  
kulturang gagalang sa mga bata't matanda  
kulturang rerespeto sa mga babae't may kapasanan  
kulturang lutuklok ng pagbabayanihan at pagkakapatiran  
kasaliw ng mga awiting bayan at katutubong sayaw  
katali ng pagsasadula't pagbabalagtas  
diwang marangal ang ipupunta, karirangan ng maraming wika  
magkakapantay sa kalayaan at karapatan  
magsasama-sama, magkakapit-bisig, magtutulung-tulungan  
habang patuloy na humahakbang upang galugarin pa  
ang kulturang pagyayamanin ng ating lahi  
ng lahing magiting  
ng lahing kapuri-puri  
ng lahing marangal.