



DEPARTMENT OF EDUCATION  
Region I  
SCHOOLS DIVISION OFFICE  
Dagupan City



RELEASED  
DATE: 6/28/17  
BY: [Signature]

DIVISION MEMORANDUM

No. 105 s. 2017

TO : Assistant Schools Division Superintendent  
Chief, CID  
Public Schools District Supervisors  
School Heads of Public Elementary and Secondary Schools

FROM: *[Signature]* LORNA G. BUGAYONG, Ph.D. CESO VI  
Schools Division Superintendent

SUBJECT: 2017 NUTRITION MONTH CELEBRATION

DATE: JUNE 28, 2017

1. In observance of the Nutrition Month this July 2017, DepEd Dagupan City Division would like to reiterate the importance of proper health and nutrition among our school children. The theme for this year's Nutrition Month Celebration is: **"Healthy Diet, Gawing Habit – for Life"**.
2. The celebration aims to :
  - a. promote the consumption of **healthier foods** and discourage the eating of **unhealthy foods**;
  - b. encourage families and individuals to eat a balanced diet with a variety of food in the right quantity and maintaining an **ideal body weight** to reduce **obesity and non-communicable diseases**;
  - c. create awareness among them on making **right choices of food**; and
  - d. encourage food industry, producers, distributors, and farmers to make **healthy foods** available for all.
3. All schools are hereby encouraged to come up with meaningful activities in relation to the theme. Submit the proposed activities to be undertaken in your school on or before June 30, 2017 using format below : c/o Dr. Theresa Parayno/Gemma M. Erfelo

Activities	Date of Implementation	Sponsor/s

4. In planning your activities, it is emphasized that the **"Engaged Time on Task"** policy of DepEd should be observed as stipulated in DepEd Order No. 9, s. 2015.
5. Document all your school activities starting from the planning stage up to the conduct of these activities. Submit narrative and pictorial reports one week after the celebration.
6. Immediate dissemination of this Memorandum is desired.